

Care Plan- Victoria Glaze

Acute pain related to open sore on tailbone. As evidenced by:

- BP: 157/75
- Facial grimacing when sitting down
- Patient stating "I'm in pain" when sitting down

Goal: Patient reports pain is relieved or controlled by discharge

- SBP: 100-130 and DBP 60-70 by discharge
- Absence of facial grimacing by discharge
- Pt stating that pain has improved by 50% by discharge

Interventions:

#1 assess pts pain q2h (0800, 1000,1200,1400)

- To monitor for pain, decrease or increase

#2 asses the pts wound on tailbone q4h (0800,1200,1600,2000)

- To make sure the wound is healing properly, and it doesn't get worse

#3 administer acetaminophen 650mg for pain PRN

- To control pts pain

#4 administer venelex ointment to tailbone TID (0800, 1600, 2200) or PRN

- To help with healing and prevent it from getting worse

#5 educate pt on keeping wound clean when toileting

- To prevent infection or worsening of wound

Evaluation:

1/28/21 Goal partially met aeb:

- BP: 126/70 (met)
- No facial grimacing noted during sitting (met)
- Pt able to sit in chair with no pain (not met)

Continue plan of care

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