

Learning Needs Identified	
Mother	1 Adequate nutrition/intake, cutting out fast food and going for healthier options.
	2 Smoking cessation in order to improve her health and the health of her children.
	3 Getting proper help for her postpartum depression.
Father	1 Proper bottle preparation for baby.
	2 Medication adherence; the importance of getting prescribed meds on time.
	3 Proper sanitation of the house and the children's room.
Son	1 Nutritional needs not met; importance of eating fruits and vegetables.
	2 Safety when it comes to cleaning chemicals → lock them up!
	3 Proper asthma maintenance and the importance of taking the meds when an attack comes on and also in prevention of an attack.
Daughter	1 Since mom is not breastfeeding, only formula → no juice!
	2 Nothing in the crib with the baby in order to help prevent SIDS.
	3 Proper nutrition/hygiene care; diaper changes often, bathing every other day, what to feed children, etc.

Education Opportunities Prioritized	Barriers to Education Plan
1 Proper medication adherence; getting proper meds for wife and son on time.	John seemed to be disinterested in the welfare of Monica as witnessed by the nurse. John works a lot and he identified this as a problem.

2 Proper bottle preparation for the baby; using sterile water, not microwaving, which will harm the baby.	John's unwillingness to learn is a problem as witnessed by the nurse Also their lack of resources to potentially get sterile water, as John and Monica both pointed out.
3 Proper sanitation of the house. Over time the dirty environment can cause severe health problems.	John's lack of care for the children according to Jack could be a problem His work hours could be barriers to keeping the house safe, as John and Jack pointed out.

Learning outcomes identify what the learner will know when you complete the education plan.
Develop learning outcomes for your education plan.

Family Member	Learning Need	Learning Outcome
Dad: John	1 Proper medication adherence; getting proper meds for wife and son on time.	The client will pick up medications for his family before the prescription runs out so that they will not go without.
	2 Proper bottle preparation for the baby; using sterile water, not microwaving, which will harm the baby.	The client will demonstrate the proper way to prepare and warm a bottle using the teach back method.
	3 Proper sanitation of the house. Over time the dirty environment can cause severe health problems.	The client and his family will clean every room in the house, while keeping the chemicals away from the children and picking up trash/getting rid of bugs.