

Firelands Regional Medical Center School of Nursing  
Nursing Foundations 2020  
Skills Lab Competency Tool

Student Name:     Megan Kleinsmith    

<b>Skills Lab Competency Evaluation</b>	<b>Lab Skills</b>									
	<b>Week 2 (2,3,5,8)*</b>	<b>Week 3 (2,3,4,5,8)*</b>	<b>Week 4 (2,3,4,5,8)*</b>	<b>Week 5 (2,3,4,5,8)*</b>	<b>Week 6 (1,2,3,4,5,8)*</b>	<b>Week 7 (2,3,4,5,8)*</b>	<b>Week 8 (2,3,4,5,8)*</b>	<b>Week 9 (2,3,4,5,8)*</b>	<b>Week 10 (2,3,4,5,6,8)*</b>	<b>Week 11 (1,2,3,4,5,6,7,8)*</b>
	<b>Date: 9/2/20</b>	<b>Date: 9/9/20</b>	<b>Date: 9/16/20</b>	<b>Date: 9/23/20</b>	<b>Date: 10/22/2020</b>	<b>Date: 10/7/2020</b>	<b>Date: 10/14/2020</b>	<b>Date: 10/21/2020</b>	<b>Date: 10/28/2020</b>	<b>Date:</b>
Performance Codes: S: Satisfactory U: Unsatisfactory										
Evaluation:	<b>S</b>	<b>NI/S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>U</b>	<b>S</b>	<b>S</b>	
Faculty Initials	<b>BS</b>	<b>LM</b>	<b>LM</b>	<b>LM</b>	<b>LM</b>	<b>AR</b>	<b>LM</b>	<b>LM</b>	<b>BL</b>	
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>10/21/2020 S/LM</b>	<b>NA</b>	<b>NA</b>	
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	

**\*Course Objectives**

Comments:

**Week 2 (Hand Hygiene; Vital Signs; PPE):** During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! BS

**Week 3 (Vital Signs):**

Megan, great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained

two out of three blood pressure results on the Vital Sim manikin. At the beginning of the 1:1 observation, I noticed you were releasing the air valve on the BP bulb too quickly. Once we discussed this, you agreed and released the valve slowly for the last two BP readings. You also released the air too quickly, not listening for an additional 20-30 mmHg after the last sound was heard which is why you were noting an incorrect diastolic pressure for the first BP reading. You were originally given an “NI” for these steps; however, you corrected your mistake and accurately obtained two blood pressure measurements. Keep practicing obtainment of blood pressure readings and make a conscious effort to slowly release the air valve and listen for 20-30 mmHg after hearing the last sound. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Your Meditech documentation related to vital signs was accurate. Keep up the great work!! LM

**Week 4 (Assessment):** Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. LM

**Week 5 (Assessment; Mobility):**

Megan, great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall well done. You did require 2 prompts related to orienting the patient to place and time and assessing sensation of extremities for presence of numbness, tingling, and burning. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as coarse crackles. Great job! LM

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement. LM

- Vital Signs- remember to mark vital signs on the worklist, not vital signs “monitored”.
- Pain- remember to add relaxation techniques to management techniques for pain.
- Safety- you marked chair pad was used; however, it was not used.
- Assessment- documentation under HEENT assessment for Lt. ear should have been marked “none” for ear discharge. Rt. Ear should be marked moderate hearing loss. Under cardiovascular, you noted in the edema comment that the patient was on telemetry. You did not state the proper edema note in this area.

Mobility- You are satisfactory by actively participating in the mobility lab. LM

**Week 6 (Personal Hygiene Skills):** Make-up lab 10/22/2020: Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the good work! LM

**Week 7 (NG Skills: Insertion, Irrigation, and Removal):**

Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! AR

**Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):**

You did a good job overall in the lab this week. You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Oral intake and output station, Output station, and Meditech documentation for Urinary Catheter Management and I & O. You had very good communication and were thorough throughout the observation. You were satisfactory with the following skills: Foley Catheter Removal; one prompt was needed to hold onto the catheter at the labia/meatus until the catheter is removed. You were unsatisfactory for Foley catheter insertion (female) and Application of sterile gloves. Sterile technique was broken twice when incorrectly applying sterile gloves and again when setting the empty lubricant syringe on the bedside stand, setting it down with the sterile-gloved hand and touching the stand. You will need to remediate for the Foley catheter insertion procedure and the sterile glove application procedure. You are scheduled to remediate on Wednesday, October 21, 2020. Please practice these skills. I know you will do well once you feel confident demonstrating both of these techniques! Keep up the good work in the lab, Megan!!! You've got this!!! LM

Documentation Lab - You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

**10/21/2020-** You did a great job satisfactorily remediating for the Foley catheter insertion on a female and application of sterile gloves today! Two prompts were needed; one to assess for allergies to latex and iodine and one for remembering to extend the patient's leg before placing

the StatLock. You maintained the sterile field throughout the Foley insertion and did not contaminate the catheter or your gloves at any point. Great job, Megan!!! LM

**Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):** You have satisfactorily demonstrated competency in the skill of wound assessment and care (Dry Sterile Dressing & Sterile Wet to Dry Dressing), and completed Meditech documentation related to wound care. Nice job! LM

**Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):** Satisfactory participation with the following stations: Prioritization, Tube Feeding, Patient Weight, Restraints, Doppler BP, Meditech documentation, and Patient Scenario involving Safety, Infection Control, Pressure ulcer prevention, and Care Plan Development. Keep up the hard work! BL

**Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):**

6/10/2020