

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2020
Skills Lab Competency Tool

Student Name: Alana Prosser

<u>Skills Lab</u> <u>Competency Evaluation</u> Performance Codes: S: Satisfactory U: Unsatisfactory	Lab Skills									
	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 9/4/2020	Date: 9/10/20	Date: 9/17/2020	Date: 9/24/2020	Date: 10/1/20	Date: 10/8/20	Date: 10/13 &15/2020	Date: 10/22/2020	Date:	Date:
Evaluation:	S	S	S	S	S	S	U	S		
Faculty Initials	AR	LM	BS	DC	LM	NS	BL	AR		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	S 10/22/2020 AR	NA		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA		

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs):

Alana, good job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained two out of two blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Two prompts were needed. You looked at the patient's ID band but you did not ask the patient her name and date of birth. Remember to always look at the name band to verify the patient name and date of birth as the patient is stating this to you. The second prompt included remembering to take the patient's BP reading in both arms while in the supine position during the orthostatic BP procedure and include counting the heart rate. Your Meditech documentation related to vital signs was accurate. Keep up the good work!! LM

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. BS

Week 5 (Assessment; Mobility): Great job this week in skills lab! You were satisfactory in your head to toe assessment this week. Your assessment was well prepared and you communicated well with the patient. I did have to prompt for your neurological assessment and to raise the bed to a more comfortable level for yourself. You had communicated to me that you were nervous before and during the assessment. I completely understand! Remember that you did great and that the more practice you have the more comfortable it will feel. Also – try taking a couple minutes taking deep breaths/positive self-talk prior to check offs (those two things helped me greatly during nursing school). You were satisfactory in your Meditech documentation and it did not require any changes. Great job! DC

Mobility- You are satisfactory by actively participating in the mobility lab. DC

Week 6 (Personal Hygiene Skills): Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the great work! LM

Week 7 (NG Skills: Insertion, Irrigation, and Removal): Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! NS

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

This week in lab you were satisfactory with the following skills: Application of Sterile Gloves and Foley Catheter Removal. Unfortunately, the initial observation of Application of Sterile Gloves was unsatisfactory because your bare hand touched your gloved dominant hand while trying to don the glove on your non-dominant hand. You did not recognize this occurred. Remediation was performed, and you were satisfactory with this skill. No prompts were needed for the remediation of Application of Sterile Gloves. Two prompts were needed for Foley Catheter Removal. One prompt was given in relation to adjusting the bed height and position, and another prompt was given for asking the patient to take several slow deep breaths during removal of the catheter. Unfortunately, you were unsatisfactory for your Foley Catheter Insertion (female) observation. Sterile field was broken numerous times throughout the procedure and you did not recognize it any of the times that it occurred. Sterile field was broken during the opening of the kit when you placed your fingers on the sterile portion of the inside of the flaps, the tip of the catheter hit the non-sterile 1-inch border of one of the side flaps when you were attempting to connect the 10mL sterile water-filled syringe, and the catheter was dragging across the non-sterile 1 inch border of the flap while attempting to insert it into the patient. Additionally, there were several steps of the procedure that you did not complete or completed incorrectly. After inserting the catheter into the patient, you instilled the sterile water to fill the balloon, however, you did not remove the empty syringe and the water back flowed into the syringe. You removed the syringe from the port filled with sterile water and did not recognize the fact there was nothing keeping the Foley Catheter in place at that time. You also did not pull back on the catheter once inserted and the balloon had been blown up to verify whether the balloon was hitting the bladder wall. Had you done this, you would have realized the sterile water had back flown into the syringe and the balloon was not inflated. Remember that you need to remove your gloves and perform hand hygiene after insertion of the catheter, and then don clean gloves before you continue on with the rest of the procedure to avoid getting betadine all over the patient. Lastly, you did not verbalize that you would label the Foley Catheter bag either. Overall, you seemed very unsure of yourself and the procedure. I feel that with adequate review and practice, you will be able to satisfactorily complete this skill with remediation. You did correctly verbalize the differences in catheter insertion for a male patient, and you independently completed the oral intake, output station, and Meditech documentation for Urinary Catheter Management and I & O. BL

You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

Week 8 remediation: You were satisfactory with insertion of a foley catheter on a female and sterile glove application however did require prompts for both procedures. During application of the sterile gloves you grasped the first sterile glove and contaminated it. After discussion the procedure was started again and you were able to successfully complete this skill. During insertion of the foley catheter you did not place the 10mL sterile water syringe on the balloon port prior to placement. You were able to accomplish this by inserting the syringe and sterile water into the balloon with your right hand which was still sterile. Throughout the procedure you seemed unsure of many steps and I do not feel you have a

good grasp on the concept of a sterile field. You will be required to attend the open skills lab on 11/6/2020 to practice these skills. I suggest frequent review of the videos and checklists for these skills. AR

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

You have satisfactorily demonstrated competency in the skill of wound assessment and care (Dry Sterile Dressing & Sterile Wet to Dry Dressing), and completed Meditech documentation related to wound care. Nice job! AR

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):

6/10/2020