

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2020
Skills Lab Competency Tool

Student Name: Lillian Royster

<u>Skills Lab</u> <u>Competency Evaluation</u> Performance Codes: S: Satisfactory U:Unsatisfactory	Lab Skills									
	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 9/3/2020	Date: 9/10/2020	Date: 9/17/2020	Date: 9/24/2020	Date: 10/1/20	Date: 10/8/20	Date: 10/21,22 /2020	Date: 10/22/2020	Date:	Date:
Evaluation:	S	S	S	S	S	S	S	S		
Faculty Initials	AR	AR	BS	DC	LM	NS	BL/AR	AR		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA		

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs):

Great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement you accurately obtained two out of three blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. No prompts were needed! Your Meditech documentation related to vital signs was accurate. Keep up the great work!! AR

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. BS

Week 5 (Assessment; Mobility): Lillian – Great job this week in lab! You were satisfactory in your head to toe assessment this week. Your assessment was thorough, systematic, well-prepared and appropriate for the patient. You communicated well with the patient which helps to establish trust. You showed compassion through communication as you let the patient what you were going to be doing and then continued explanation as you were assessing the patient. You did not require any prompts (awesome)! Your Meditech documentation was satisfactory and did not require any changes. Keep up the good work! DC

Mobility- You are satisfactory by actively participating in the mobility lab. DC

Week 6 (Personal Hygiene Skills): Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the great work! LM

Week 7 (NG Skills: Insertion, Irrigation, and Removal): Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! NS

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

You did a great job in the lab and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. During Foley Catheter Insertion (female), the tips of your sterile gloves touched the patient's bare leg a little bit while placing the sterile drape under the legs and buttocks. You recognized this right away, and you correctly explained that you would discard your

sterile gloves and apply new sterile gloves before proceeding with the procedure. Therefore, one prompt was given for this. No prompts were needed for the Application of Sterile Gloves or Foley Catheter Removal. You were very thorough and had excellent communication throughout the observation. Great job! You correctly verbalized the differences in catheter insertion for a male patient as well. You independently completed the oral intake, output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!!
BL

You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! BL

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

You have satisfactorily demonstrated competency in the skill of wound assessment and care (Dry Sterile Dressing & Sterile Wet to Dry Dressing), and completed Meditech documentation related to wound care. Nice job! AR

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):

6/10/2020