

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2020
Skills Lab Competency Tool

Student Name: Sydney Steffanni

Skills Lab Competency Evaluation	Lab Skills									
	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 9/3/20	Date: 9/10/2020	Date: 9/17/2020	Date: 9/24/20	Date: 10/1/20	Date: 10/8/20	Date: 10/13,15/ 2020	Date: 10/22/2020	Date:	Date:
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	S	S	S	S	S	S	S	S		
Faculty Initials	LM	AR	BS	LM	LM	NS	AR	AR		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA		

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE):

During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! LM

Week 3 (Vital Signs):

Great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement you accurately obtained two out of three blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. One prompt was needed related to the correct timing during the orthostatic BP procedure. For the future I suggest reviewing the orthostatic BP procedure. Be sure to complete the Meditech documentation related to Vital Signs during your Week 4 lab. Keep up the great work!! AR

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. BS

Week 5 (Assessment; Mobility):

Sydney, great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall well done. You did require 1 prompt related to observing eyes for sclera and conjunctiva color. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as coarse crackles. Great job! LM

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement. LM

- Vital Signs- your documentation was accurate and complete, but chart under the vital signs category on the worklist, not vital signs-monitor.
- Pain- your documentation was accurate and complete.
- Safety- your documentation was accurate and complete.
- Assessment- documentation under HEENT assessment artificial eye should have been marked “No”; Lt. ear should have been marked “none” for ear discharge; trachea description of midline was omitted; cardiovascular assessment should have been marked “Yes” for pacemaker; under Neurological assessment, Rt. pupil size should have been marked 4 mm, not 2 mm. Please go back and review the documentation. This will help you understand the importance of accuracy of documentation.

Mobility- You are satisfactory by actively participating in the mobility lab. LM

Week 6 (Personal Hygiene Skills): Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the great work! LM

Week 7 (NG Skills: Insertion, Irrigation, and Removal): Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! NS

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

You did a great job in the lab this week and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. One prompt was needed during insertion as a reminder to use the orange label and place it on the back of the foley bag. You maintained the sterile field throughout the Foley insertion, did not contaminate the catheter or your gloves at any point, had very good communication, and were thorough throughout the observation. Great job! You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Oral intake and output station, Output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! AR

You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

You have satisfactorily demonstrated competency in the skill of wound assessment and care (Dry Sterile Dressing & Sterile Wet to Dry Dressing), and completed Meditech documentation related to wound care. Nice job! AR

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):

6/10/2020