

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2020
Skills Lab Competency Tool

Student Name: Mary Dante

Skills Lab Competency Evaluation	Lab Skills									
	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
Performance Codes: S: Satisfactory U: Unsatisfactory	Date: 9/1/20	Date: 9/11/20	Date: 9/15/2020	Date: 9/22&24/ 2020	Date: 9/30/2020	Date: 10/6/2020	Date: 10/13 &15/2020	Date: 10/20/2020	Date:	Date:
Evaluation:	S	S	S	S	S	S	U	S		
Faculty Initials	LM	LM	AR	AR	AR	AR	BL	NS		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	10/20/2020 S AR	NA		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA		

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE):

During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! LM

Week 3 (Vital Signs):

Mary, great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained two out of two blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Two prompts were needed; remembering to identify the patient and count the heart rate during the orthostatic BP procedure. Remember to always look at the name band to verify the patient name and date of birth as the patient is stating this to you. Your Meditech documentation related to vital signs was accurate. Keep up the great work!! LM

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. AR

Week 5 (Assessment; Mobility):

Great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. You did require 2 prompts related to assessing for the presence numbness or tingling in the extremities, and assessing the sclera & conjunctiva. You did have difficulties stating the 4 valve areas when listening to heart sounds; be sure to review this area. You demonstrated friendly, professional, and informative communication. You did not recognize the lungs sounds as crackles; this is something that will be easier as you get more practice. Great job! AR

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement. AR

- Vital Signs- your documentation was accurate and complete.
- Pain- omitted “relaxation techniques” for management of pain.
- Safety- Omitted “Standard” for precautions (you will mark Standard for every patient, even those on other precautions).
- Assessment- HEENT: omitted “midline” for trachea, and documented “lower dentures” along with “lower partial” (the patient only had a lower partial so you would not document “lower dentures” also).

Mobility- You are satisfactory by actively participating in the mobility lab. AR

Week 6 (Personal Hygiene Skills):

Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expense Test Hospital documentation. Keep up the good work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal):

Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! AR

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

You did a great job in the lab this week and were satisfactory with the following skills: Application of Sterile Gloves and Foley Catheter Removal. No prompts were needed for the Application of Sterile Gloves, and only one prompt was needed for Foley Catheter Removal related to emptying the urine from the Foley tubing and reservoir bag prior to removing. Unfortunately, you were unsatisfactory for Foley Catheter Insertion (female) due to breaking sterile field. While taking the blue plastic covering off of the tip of the catheter, the catheter tip hit the edge of your trash bag at the end of the bed once the plastic covering was removed and then bumped your bare arm as well. You did not realize that this occurred and therefore this skill was graded as unsatisfactory. Had this not occurred, all other steps were completed well at a satisfactory level. Remediation will occur for Foley Catheter Insertion (female), and I have no doubt you will be satisfactory. You were very thorough and had excellent communication throughout the observation. Great job! You correctly verbalized the differences in catheter insertion for a male patient as well. You independently completed the oral intake, output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! BL

You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

10/20/2020: Satisfactory with foley catheter insertion on the female patient. No prompts were needed! You maintained the sterile field throughout the procedure and the insertion was organized and accurate. Great job! AR

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry): You have satisfactorily demonstrated competency in the skill of wound assessment and care (Dry Sterile Dressing & Sterile Wet to Dry Dressing), and accurately completed Meditech documentation related to wound care. Nice job! NS

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):

6/10/2020