

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2020
Skills Lab Competency Tool

Student Name: Katelyn Howard

Skills Lab Competency Evaluation	Lab Skills									
	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 9/2/2020	Date: 9/9/2020	Date: 9/16/20	Date: 9/23/20	Date: 9/30/2020	Date: 10/7/2020	Date: 10/14/2020	Date: 10/21/2020	Date:	Date:
Performance Codes: S: Satisfactory U: Unsatisfactory										
Evaluation:	S	U	S	S	S	S	U	S		
Faculty Initials	BS	AR	LM	LM	AR	AR	LM	LM		
Remediation: Date/Evaluation/Initials	NA	9/9/2020 S/AR	NA	NA	NA	NA	10/21/2020 U/BL	NA		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	10/21/2020 S/BL	NA		

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! BS

Week 3 (Vital Signs):

Overall you did a great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement you accurately obtained two out of three blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature. You were not able to verbalize the procedure for orthostatic blood pressure measurement therefore you did receive an overall unsatisfactory during the first observation. Two prompts were needed related to always checking the name band as the patient is stating their name and date of birth, and to raise the bed and lower the side rail for your safety. During your first remediation attempt you were able to accurately state the orthostatic blood pressure procedure resulting in a satisfactory evaluation. For the future I suggest reviewing the orthostatic BP procedure frequently. Keep up the great work!! AR

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. LM

Week 5 (Assessment; Mobility):

Katelyn, great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall well done. You did require 2 prompts related to obtaining vital signs on the patient and assessing sensation of extremities such as numbness, tingling, and burning. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as coarse crackles. Great job! LM

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement. LM

- Vital Signs- dorsalis pedis pulse was noted in addition to the required Rt. Radial pulse.
- Pain- relaxation techniques needed to be added to management techniques for pain and physician part was omitted.
- Safety- add standard fall precaution to “precautions/isolation”.
- Assessment- documentation under HEENT assessment for Lt. ear should have been marked “none” for ear discharge. You did not note that the patient was on telemetry in the cardiovascular comments. The emesis frequency under GI assessment should have been marked at meal times. This was omitted.

Mobility- You are satisfactory by actively participating in the mobility lab. LM

Week 6 (Personal Hygiene Skills):

Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expense Test Hospital documentation. Keep up the good work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal):

Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! AR

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

You did a good job overall in the lab this week. You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Oral intake and output station, Output station, and Meditech documentation for Urinary Catheter Management and I & O. You had very good communication and were thorough throughout the observation. You recognized on your own to adjust the bed height and position after the procedure had begun. You were satisfactory with the following skills: Foley Catheter Removal; two prompts were needed, one to remember to move the plunger up and down and pull back 0.5mL before placing the syringe into the port and one to hold onto the catheter at the labia/meatus until the catheter is removed. You were unsatisfactory for Foley catheter insertion (female) and Application of sterile gloves. Sterile technique was broken three times throughout the procedure. One time occurred while placing used items in the trash bag. You stated that you would remove gloves, perform hand hygiene, and re-apply sterile gloves two different times when you broke sterile technique, but the process was hard to follow in terms of whether you were sterile or non-sterile. You will need to remediate for the Foley catheter insertion procedure and the sterile glove application procedure. You are scheduled to remediate on Wednesday, October 21, 2020. Please practice these skills. I know you will do well once you feel confident demonstrating both of these techniques! Keep up the good work in the lab, Katelyn!!! You've got this!!! LM

Documentation Lab – You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry): You have satisfactorily demonstrated competency in the skill of wound assessment and care (Dry Sterile Dressing & Sterile Wet to Dry Dressing), and completed Meditech documentation related to wound care. Nice job! LM

10/21/2020- Remediation number one was performed for Foley Catheter Insertion (female) and Application of Sterile Gloves. You were unsatisfactory for remediation number one of Application of Sterile Gloves because you did not place the inner package of the sterile gloves on a flat, clean surface just above waist level. The bedside table was below your waist as you were attempting to don the gloves. Additionally, you did not keep your thumb abducted back while trying to glove your non-dominant hand, which led to your gloved thumb touching your ungloved non-dominant hand. This resulted in contamination of the gloves. You did not recognize this happened. Because you were unsatisfactory for Application of Sterile Gloves for remediation number one, this automatically resulted in an unsatisfactory rating for Foley Catheter Insertion (female). Remediation number two was performed, and you were satisfactory for both Application of Sterile Gloves and Foley Catheter Insertion (female). One prompt was needed for Foley Catheter Insertion (female) related to cleansing the patient with the antiseptic swab sticks before inserting the Foley Catheter. You were able to remind yourself to do this after I asked you if there was anything else you wanted to do before you inserted the catheter. One prompt was also needed for remediation number 2 of Application of Sterile Gloves in relation to keeping your thumb of gloved hand abducted back. You did not keep your thumb abducted the entire time you were attempting to don the glove on your non-dominant hand and you came close to contaminating your gloves once again. I would highly recommend that you continue to review and practice both of these skills very regularly at home, as well as attend the open labs when available. It is very important that you feel confident when performing these skills. You correctly verbalized the differences in catheter insertion for a male patient as well. Believe in yourself, you can do it! BL

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):

6/10/2020