

Firelands Regional Medical Center School of Nursing  
Nursing Foundations 2020  
Skills Lab Competency Tool

Student Name: Rebecca Norman

<b>Skills Lab Competency Evaluation</b>	<b>Lab Skills</b>									
	<b>Week 2 (2,3,5,8)*</b>	<b>Week 3 (2,3,4,5,8)*</b>	<b>Week 4 (2,3,4,5,8)*</b>	<b>Week 5 (2,3,4,5,8)*</b>	<b>Week 6 (1,2,3,4,5,8)*</b>	<b>Week 7 (2,3,4,5,8)*</b>	<b>Week 8 (2,3,4,5,8)*</b>	<b>Week 9 (2,3,4,5,8)*</b>	<b>Week 10 (2,3,4,5,6,8)*</b>	<b>Week 11 (1,2,3,4,5,6,7,8)*</b>
	<b>Date: 9/3/2020</b>	<b>Date: 9/10/20</b>	<b>Date: 9/17/2020</b>	<b>Date: 9/24/2020</b>	<b>Date: 10/1/20</b>	<b>Date: 10/8/20</b>	<b>Date: 10/13 &amp;15/2020</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>			
Faculty Initials	<b>AR</b>	<b>LM</b>	<b>BS</b>	<b>DC</b>	<b>LM</b>	<b>NS</b>	<b>BL</b>			
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>			
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>			

**\*Course Objectives**

Comments:

**Week 2 (Hand Hygiene; Vital Signs; PPE):** During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

**Week 3 (Vital Signs):**

Rebecca, great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained two out of two blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Two prompts were needed; this included, obtaining a heart rate on patients during the orthostatic BP procedure and the length of time to wait between each position change. Your Meditech documentation related to vital signs was accurate. Keep up the great work!! LM

**Week 4 (Assessment):** Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. BS

**Week 5 (Assessment; Mobility):** Becca – Great job this week in skills lab. You were satisfactory in your head to toe assessment. You were well prepared and thorough in your assessment of the patient. You were cautious to make sure the patient was safe which was much appreciated. I did have to prompt you to perform a more in-depth pain assessment (you asked location and rating 0-10/10) however you would need to ask about duration, associating symptoms, etc). You also required a prompt to ask the patient about the details of their most recent urine. You were satisfactory in your Meditech documentation and it did not require any changes. Overall, great job and keep up the good work!! DC

Mobility- You are satisfactory by actively participating in the mobility lab. DC

**Week 6 (Personal Hygiene Skills):** Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the great work! LM

**Week 7 (NG Skills: Insertion, Irrigation, and Removal):** Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! NS

**Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):**

You did a great job in the lab this week and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. No prompts were needed for Application of Sterile Gloves, however, remember to be cautious that the tips of the gloves do not hit the non-sterile portion of the paper wrapper. You came very close to letting this happen during your check-off. In the

future, just be sure to hold your hands up a little higher when donning the gloves. Two prompts were needed for Foley Catheter Insertion (female). One prompt was in relation to the fact that you broke sterile field while performing peri-care with the antiseptic swab sticks. While swabbing down the labial fold, you accidentally ripped the fenestrated drape at the bottom with the swab and then touched the sterile drape under the patient's hips. You recognized that you broke sterile field right away and verbalized this to me, and then explained that you would throw everything away and start over from the beginning if this was a real patient. Another prompt was needed in regards to labeling the Foley Catheter drainage bag with the provided orange label with your initials, date of insertion, and time of insertion. Some general reminders for the future include remembering to be careful not to touch the shiny side of the drapes while laying them under/over the patient. Additionally, be sure to use your non-dominant hand to hold the catheter in place once inserted and you're inflating the balloon. Lastly, remember to remove the syringe from the port as soon as the balloon is inflated to avoid the sterile water from back flowing right away. One prompt was needed for Foley Catheter Removal in regards to holding onto the catheter at the labia/meatus while the balloon is being deflated. You were very thorough and had excellent communication throughout the observation. Great job! You correctly verbalized the differences in catheter insertion for a male patient as well. You independently completed the oral intake, output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! BL

You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

**Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):**

**Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):**

**Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):**

6/10/2020