

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2020
Skills La/b Competency Tool

Student Name: __Roni Daughenbaugh

Skills Lab Competency Evaluation	Lab Skills									
	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 9/3/2020	Date: 9/10/20	Date: 9/17/2020	Date: 9/24/2020	Date: 10/1/20	Date: 10/8/20	Date: 10/13 &15/2020	Date:	Date:	Date:
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	S	U	S	S	S	S	S			
Faculty Initials	AR	LM	BS	DC	LM	NS	BL			
Remediation: Date/Evaluation/Initials	NA	9/10/20 S/LM	NA	NA	NA	NA	NA			
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA			

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs):

Roni, good job in the lab this week! You satisfactorily completed the vital sign checkoff during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained two out of two blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature. One prompt was needed for remembering to adjust the bed position and lower the siderail. You were not able to verbalize the orthostatic blood pressure procedure; therefore, you were originally given a “U” for inability to verbalize the procedure. Following the lab, you were able to accurately verbalize the orthostatic blood pressure measurement. Your Meditech documentation related to vital signs was accurate. For the future I suggest reviewing the orthostatic BP procedure frequently. Keep up the good work!! LM

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. BS

Week 5 (Assessment; Mobility): You are satisfactory in your head to toe assessment this week. You were very well prepared and showed confidence in your skills. You communicated well with your patient which was highlighted when you told them about the penlight before turning it on. This little notifications given to the patient can help tremendously in their comfort and their overall evaluation of their care. You did not require any prompts (yay!). Your Meditech documentation was complete in full and required no changes. Keep up the great work, Roni! DC
Mobility- You are satisfactory by actively participating in the mobility lab. DC

Week 6 (Personal Hygiene Skills): Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the great work! LM

Week 7 (NG Skills: Insertion, Irrigation, and Removal): Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! NS

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

You did a great job in the lab this week and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. One prompt was needed for Foley Catheter Insertion in regards to labeling the Foley Catheter drainage

bag with the provided orange label with your initials, date of insertion, and time of insertion. One prompt was needed for Foley Catheter Removal in regards to holding onto the catheter at the labia/meatus while the balloon is being deflated. No prompts were needed for the Application of Sterile Gloves. You were very thorough and had excellent communication throughout the observation. Great job! You correctly verbalized the differences in catheter insertion for a male patient as well. You independently completed the oral intake, output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! BL

You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):

6/10/2020