

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2020
Skills Lab Competency Tool

Student Name: _Emsley Bricker

Skills Lab Competency Evaluation	Lab Skills									
	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 9/1/2020	Date: 9/11/2020	Date: 9/15/2020	Date: 9/22/20	Date: 9/30/2020	Date: 10/6/2020	Date: 10/13&15 /2020	Date:	Date:	Date:
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	S	U	S	S	S	S	S			
Faculty Initials	AR	AR	AR	LM	AR	AR	BL			
Remediation: Date/Evaluation/Initials	NA	9/11/2020 S/AR	NA	NA	NA	NA	NA			
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA			

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure.
- Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs):

During your initial 1:1 observation you satisfactorily completed the following vital signs: oral temperature, radial pulse, respiratory rate, & pulse oximetry. You were able to verbally discuss axillary and rectal temperature measurements. During the blood pressure measurement you were not able to obtain an accurate blood pressure on the Vital Sim manikin, and were not able to verbalize the orthostatic blood pressure procedure. Two prompts were needed related to verifying identification of your patient by asking their name and date of birth, and to perform hand hygiene prior to leaving the room. Discussion was held regarding continuing to release air from the bulb 20-30 mmHg beyond where you think you heard the diastolic pulsation to assure you have an accurate reading. Following the lab, you were able to satisfactorily obtain two out of three blood pressure readings and accurately verbalize the orthostatic blood pressure measurement. Your Meditech documentation related to vital signs was accurate. For the future I suggest reviewing the orthostatic BP procedure frequently. Keep up the good work!! AR

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. AR

Week 5 (Assessment; Mobility):

Emley, great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall well done. You did require 1 prompt related to assessing sensation of extremities. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as coarse crackles. Great job! LM

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement. LM

- Vital Signs- your documentation was accurate and complete.
- Pain- your documentation was accurate and complete.
- Safety- your documentation was accurate and complete.
- Assessment- documentation under HEENT assessment for Lt. ear should have been marked “none” for ear discharge. Also, under the neurological assessment, you marked syncope for signs and symptoms, which should not have been marked.

Mobility- You are satisfactory by actively participating in the mobility lab. LM

Week 6 (Personal Hygiene Skills):

Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expense Test Hospital documentation. Keep up the good work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal):

Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! AR

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

You did a great job in the lab this week and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. No prompts were needed for Application of Sterile Gloves, however, remember to be cautious that the tips of the gloves do not hit the non-sterile portion of the paper wrapper. You came very close to letting this happen during your check-off. In the future, just be sure to hold your hands up a little higher when donning the gloves. One prompt was needed for Foley Catheter Insertion in regards to pulling back gently on the catheter until slight resistance is felt after the balloon is inflated. Some general reminders for the future include remembering to perform peri-care with the castile soap wipes and your clean gloves prior to opening the remainder of the Foley Catheter kit. Additionally, you were able to remind yourself during the observation that the sterile flap closest to you on the kit must be opened last. Lastly, remember to always look at the patient's ID band when asking for their name and date of birth. There were no prompts needed for Foley Catheter Removal. Overall, you were very thorough and had excellent communication throughout the observation. Great job! You correctly verbalized the differences in catheter insertion for a male patient as well. You independently completed the oral intake, output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! BL

You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):