

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2020
Skills Lab Competency Tool

Student Name: Hallie Kilbride

Skills Lab Competency Evaluation	Lab Skills									
	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 9/1/20	Date: 9/11/2020	Date: 9/15/2020	Date: 9/22&24/ 2020	Date: 9/30/2020	Date: 10/6/2020	Date: 10/13 &15/2020	Date:	Date:	Date:
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	S	S	S	S	S	S	S			
Faculty Initials	LM	AR	AR	AR	AR	AR	BL			
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA			
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA			

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE):

During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! LM

Week 3 (Vital Signs):

Excellent job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement you accurately obtained two out of three blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. No prompts were needed. Your Meditech documentation was accurate however be sure to follow all directions as you did not change the time as indicated. Keep up the great work!! AR

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. AR

Week 5 (Assessment; Mobility):

Great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall well done. You did require 2 prompts related to assessment of the sclera & conjunctiva, and posterior lung sounds. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as crackles. Great job! AR

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement. AR

- Vital Signs- your documentation was accurate and complete.
- Pain- your documentation was accurate and complete.
- Safety- your documentation was accurate and complete.
- Assessment- HEENT: omitted “no” for artificial eye.

Mobility- You are satisfactory by actively participating in the mobility lab. AR

Week 6 (Personal Hygiene Skills):

Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expense Test Hospital documentation. Keep up the good work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal):

Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! AR

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

You did a great job in the lab this week and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. One prompt was needed for Foley Catheter Insertion in regards to removing your soiled sterile gloves, performing hand hygiene, and putting on clean gloves after the Foley Catheter was inserted. No prompts were needed for the Application of Sterile Gloves or Foley Catheter Removal. Another area to focus on in the future is to be careful not to remove your non-dominant hand after you have cleaned with the antiseptic swab sticks during Foley Catheter insertion. You did not realize you removed it, and fortunately you did not contaminate your sterile field, but just be cautious of this in the future. You were very thorough and had excellent communication throughout the observation. Great job! You correctly verbalized the differences in catheter insertion for a male patient as well. You independently completed the oral intake, output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!!
BL

You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):

6/10/2020