

Firelands Regional Medical Center School of Nursing  
Nursing Foundations 2020  
Skills Lab Competency Tool

Student Name: Nikia Dilts

<b>Skills Lab Competency Evaluation</b>	<b>Lab Skills</b>									
	<b>Week 2 (2,3,5,8)*</b>	<b>Week 3 (2,3,4,5,8)*</b>	<b>Week 4 (2,3,4,5,8)*</b>	<b>Week 5 (2,3,4,5,8)*</b>	<b>Week 6 (1,2,3,4,5,8)*</b>	<b>Week 7 (2,3,4,5,8)*</b>	<b>Week 8 (2,3,4,5,8)*</b>	<b>Week 9 (2,3,4,5,8)*</b>	<b>Week 10 (2,3,4,5,6,8)*</b>	<b>Week 11 (1,2,3,4,5,6,7,8)*</b>
	<b>Date: 9/2/20</b>	<b>Date: 9/9/20</b>	<b>Date: 9/16/20</b>	<b>Date: 9/23/20</b>	<b>Date: 9/30/2020</b>	<b>Date: 10/7/2020</b>	<b>Date: 10/15/2020</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	<b>S</b>	<b>NI/S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>			
Faculty Initials	<b>BS</b>	<b>LM</b>	<b>LM</b>	<b>LM</b>	<b>AR</b>	<b>AR</b>	<b>FB</b>			
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>			
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>			

**\*Course Objectives**

Comments:

**Week 2 (Hand Hygiene; Vital Signs; PPE):** During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! BS

**Week 3 (Vital Signs):**

Nikia, great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained

two out of three blood pressure results on the Vital Sim manikin. At the beginning of the 1:1 observation, I noticed you were releasing the air valve on the BP bulb too quickly. Once we discussed this, you agreed and released the valve slowly for the last two BP readings. You also released the air too quickly, not listening for an additional 20-30 mmHg after the last sound was heard which is why you were noting an incorrect diastolic pressure for the first BP reading. You were originally given an “NI” for these steps; however, you corrected your mistake and accurately obtained two blood pressure measurements. Keep practicing obtainment of blood pressure readings and make a conscious effort to slowly release the air valve and listen for 20-30 mmHg after hearing the last sound. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Your Meditech documentation related to vital signs was accurate. Keep up the great work!! LM

**Week 4 (Assessment):** Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. LM

**Week 5 (Assessment; Mobility):**

Nikia, great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall well done. You did require 1 prompt related to observing eyes for sclera and conjunctiva color. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as coarse crackles. Great job! LM

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement. LM

- Vital Signs- documentation was accurate and complete.
- Pain- your documentation was accurate and complete.
- Safety- your documentation was accurate and complete.
- Assessment- documentation under HEENT assessment for Lt. ear should have been marked “none” for ear discharge. Also, a portion of the edema note was omitted under the cardiovascular assessment.

Mobility- You are satisfactory by actively participating in the mobility lab. LM

**Week 6 (Personal Hygiene Skills):**

Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the good work! AR

**Week 7 (NG Skills: Insertion, Irrigation, and Removal):**

Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! AR

**Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):** Nikia, overall you did a great job in the lab this week, and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. One prompt was needed before insertion be very careful to have all supplies in place, specifically the trash bag at the end of the bed. You maintained the sterile field throughout the Foley insertion, did not contaminate the catheter or your gloves at any point, had very good communication, and were thorough throughout the observation. Great job! Remember to include that last step of documenting, if it is not documented correctly the procedure is not complete. You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Oral intake and output station, Output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! FB Documentation Lab - You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Great job! NS/DC

**Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):**

**Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):**

**Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):**

6/10/2020