

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2020
Skills Lab Competency Tool

Student Name: Alana Prosser

Skills Lab Competency Evaluation	Lab Skills									
	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (1,2,3,4,5,6,7,8)*
	Date: 9/4/2020	Date: 9/10/20	Date: 9/17/2020	Date: 9/24/2020	Date: 10/1/20	Date: 10/8/20	Date:	Date:	Date:	Date:
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	S	S	S	S	S	S				
Faculty Initials	AR	LM	BS	DC	LM	NS				
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA				
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA				

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs):

Alana, good job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained two out of two blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Two prompts were needed. You looked at the patient's ID band but you did not ask the patient her name and date of birth. Remember to always look at the name band to verify the patient name and date of birth as the patient is stating this to you. The second prompt included remembering to take the patient's BP reading in both arms while in the supine position during the orthostatic BP procedure and include counting the heart rate. Your Meditech documentation related to vital signs was accurate. Keep up the good work!! LM

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. BS

Week 5 (Assessment; Mobility): Great job this week in skills lab! You were satisfactory in your head to toe assessment this week. Your assessment was well prepared and you communicated well with the patient. I did have to prompt for your neurological assessment and to raise the bed to a more comfortable level for yourself. You had communicated to me that you were nervous before and during the assessment. I completely understand! Remember that you did great and that the more practice you have the more comfortable it will feel. Also – try taking a couple minutes taking deep breaths/positive self-talk prior to check offs (those two things helped me greatly during nursing school). You were satisfactory in your Meditech documentation and it did not require any changes. Great job! DC

Mobility- You are satisfactory by actively participating in the mobility lab. DC

Week 6 (Personal Hygiene Skills): Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the great work! LM

Week 7 (NG Skills: Insertion, Irrigation, and Removal): Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through guided observation. You were able to verbalize understanding of the difference between irrigation and flushing, aspiration precautions, and familiarized yourself with the wall suction set up. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech accurately. Keep up the hard work! NS

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):