

Care plan

Diagnosis- ineffective thermoregulation

Related to large body surface area

Characteristics:

1. Birth weight of 5 pounds
2. Thin subcutaneous fat tissue
3. Inability to control body temperature
4. No headgear on baby
5. Room temperature of was too cool for baby

Goal/outcome:

1. Baby maintains body temperature between 97.8 to 99
2. Mom will maintain headgear on baby to avoid heat loss through radiation
3. Baby will gain one ounce of weight daily and maintain consistent weight gain
4. Room temperature will stay between 68 and 72 degrees
5. Baby will be swaddled in blanket to maintain warmth

By discharge

Interventions

1. Monitor axillary temperature every 8 hours
2. Always keep baby swaddled in blanket
3. If temperature falls below 97 degrees put baby under radiant warmer
4. Maintain environmental temperature between 68 degrees and 72 degrees to keep baby warm
5. Rewarm baby via skin to skin contact if temperature drops below 97 degrees

Goal partially met AEB

Evaluation

1. Body temperature measured at 99.1 axillary
2. No headgear on baby
3. Baby swaddled in blanket
4. No change in weight
5. Room temperature was maintained at 70 degrees

Continue plan of care

K. Canada SN FRMC