

Firelands Regional Medical Center School of Nursing  
Nursing Foundations 2020  
Skills Lab Competency Tool

Student Name: Absity White

| <b><u>Skills Lab<br/>Competency Evaluation</u></b><br><br>Performance Codes:<br><br>S: Satisfactory<br><br>U: Unsatisfactory | <b>Lab Skills</b>            |                                |                                |                                |                                  |                                |                                |                                |                                   |                                       |
|------------------------------------------------------------------------------------------------------------------------------|------------------------------|--------------------------------|--------------------------------|--------------------------------|----------------------------------|--------------------------------|--------------------------------|--------------------------------|-----------------------------------|---------------------------------------|
|                                                                                                                              | <b>Week 2<br/>(2,3,5,8)*</b> | <b>Week 3<br/>(2,3,4,5,8)*</b> | <b>Week 4<br/>(2,3,4,5,8)*</b> | <b>Week 5<br/>(2,3,4,5,8)*</b> | <b>Week 6<br/>(1,2,3,4,5,8)*</b> | <b>Week 7<br/>(2,3,4,5,8)*</b> | <b>Week 8<br/>(2,3,4,5,8)*</b> | <b>Week 9<br/>(2,3,4,5,8)*</b> | <b>Week 10<br/>(2,3,4,5,6,8)*</b> | <b>Week 11<br/>(1,2,3,4,5,6,7,8)*</b> |
|                                                                                                                              | <b>Date:<br/>9/3/20</b>      | <b>Date:<br/>9/10/20</b>       | <b>Date:<br/>9/17/2020</b>     | <b>Date:</b>                   | <b>Date:</b>                     | <b>Date:</b>                   | <b>Date:</b>                   | <b>Date:</b>                   | <b>Date:</b>                      | <b>Date:</b>                          |
| Evaluation:                                                                                                                  | <b>S</b>                     | <b>S</b>                       | <b>S</b>                       |                                |                                  |                                |                                |                                |                                   |                                       |
| Faculty Initials                                                                                                             | <b>LM</b>                    | <b>LM</b>                      | <b>BS</b>                      |                                |                                  |                                |                                |                                |                                   |                                       |
| <b>Remediation:<br/>Date/Evaluation/Initials</b>                                                                             | <b>NA</b>                    | <b>NA</b>                      | <b>NA</b>                      |                                |                                  |                                |                                |                                |                                   |                                       |
| <b>Remediation:<br/>Date/Evaluation/Initials</b>                                                                             | <b>NA</b>                    | <b>NA</b>                      | <b>NA</b>                      |                                |                                  |                                |                                |                                |                                   |                                       |

**\*Course Objectives**

Comments:

**Week 2 (Hand Hygiene; Vital Signs; PPE):**

During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.
- Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual and doppler blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! LM

**Week 3 (Vital Signs):**

Absity, great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement, you accurately obtained two out of two blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Two prompts were needed which included remembering to count the heart rate during the orthostatic BP procedure and the length of time to wait between each position change. Your Meditech documentation related to vital signs was accurate. Keep up the good work!! LM

**Week 4 (Assessment):** Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex/Intranet navigation activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. BS

**Week 5 (Assessment; Mobility):**

**Week 6 (Personal Hygiene Skills):**

**Week 7 (NG Skills: Insertion, Irrigation, and Removal):**

**Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):**

**Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):**

**Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):**

**Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):**

6/10/2020