

## Ch 6 Study Guide

Abigayle Adams

1. 3
2. 1,2,3,4
3. 3
4. 4
5. 1,2,4
6. 2
7. 2
8. `
9. 2
10. 3

Pica

Unprotected sex, mother to baby, and blood products

Nocturia

Oligohydramnios

Mortality

Nonstress test

Polyhydramnios

Neural tube defects

Bradley

Birth plan

Toxoplasmosis	<ul style="list-style-type: none"><li>• Raw meat</li><li>• Cat feces</li></ul>	<ul style="list-style-type: none"><li>• Avoid raw or undercooked meat.</li><li>• Avoid cleaning the cat litter box.</li><li>• Avoid cat feces.</li></ul>
Cytomegalovirus	<ul style="list-style-type: none"><li>• saliva, urine, and other body fluids.</li><li>• sexual contact, organ trans- plantation, transmission through the placenta, and breast milk.</li></ul>	<ul style="list-style-type: none"><li>• Use good hand washing technique after changing diapers or wiping children's noses.</li><li>• Do not share food, drinks, young children.</li></ul>

Herpes simplex	<ul style="list-style-type: none"> <li>sexually</li> </ul>	<ul style="list-style-type: none"> <li>Inform the health-care provider of any history of herpes</li> <li>Inform the health-care provider of any new herpes out- breaks during the pregnancy so that antiviral therapy can be started.</li> <li>Practice safe sex</li> </ul>
Rubella	<ul style="list-style-type: none"> <li>Airborne secretions</li> </ul>	<ul style="list-style-type: none"> <li>Know your immunization history.</li> <li>Avoid exposure to young children, especially.</li> <li>Obtain the rubella vaccine after delivery.</li> </ul>
Parvovirus B19	<ul style="list-style-type: none"> <li>Respiratory</li> <li>Blood products</li> <li>Placenta transmission</li> </ul>	<ul style="list-style-type: none"> <li>Avoid young children exhibiting viral symptoms,</li> <li>frequent hand washing.</li> <li>There is no vaccine available</li> </ul>
Varicella zoster	<ul style="list-style-type: none"> <li>Airborne</li> </ul>	<ul style="list-style-type: none"> <li>Avoid any person with the disease.</li> <li>Follow vaccination guidelines</li> <li>Obtain the vaccine</li> </ul>
Measles	<ul style="list-style-type: none"> <li>Airborne- coughing/sneezing</li> </ul>	<ul style="list-style-type: none"> <li>Caution when traveling in Europe, Asia, Africa, and the Pacific.</li> <li>Avoid anyone with the disease</li> <li>Follow vaccination guidelines</li> <li>Obtain the vaccine</li> </ul>
HIV	<ul style="list-style-type: none"> <li>Sexually</li> <li>Blood products</li> <li>Placenta transmission</li> </ul>	<ul style="list-style-type: none"> <li>Notify the health-care provider positive.</li> <li>HIV testing.</li> <li>Take all antiretroviral medications</li> <li>Avoid a high-risk lifestyle</li> </ul>

I would tell her that foods high in protein may be restricted and that she should check this with her provider to make sure she is getting the nutrients she needs.