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Psychiatric Nursing
Unit 3 Part 1
Substance Abuse Worksheet
ON-LINE ASSIGNMENT (1 HOUR)
Due 07/06/2020 by 0800

In order to receive full credit (1 hour class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed class time.

Directions: Please read chapter 14 and fill in the spaces provided with the most common examples and symptoms of substance-related disorders of which the nurse should be aware. Place your completed assignment in the “Unit 3, part I: Substance Abuse Worksheet” Dropbox

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
CNS Depressants	Relaxations, loss of inhibitions, lac of concentration, drowsiness, slurred speech, sleep	slurred speech. poor concentration. confusion. headache. light-headedness. dizziness. dry mouth. problems with movement and memory.	Tremors, nausea/vomiting, malaise, weakness, tachycardia, sweating, elevated bp, anxiety, depression mood, irritability, hallucinations, headache, insomnia, seizures
CNS Stimulants	Hyperactivity, agitation, euphoria, insomnia, and loss of appetite.	Physical symptoms: Decreased appetite, Dilated pupils, Elevated blood pressure, Loss of coordination, Headache, Dizziness, Chest pains, Palpitations, Abdominal cramps Vomiting Excessive sweating Collapsing Cognitive symptoms: Hallucinations Poor concentration Lack of good judgment Experiencing breaks	Intense cravings for stimulants Sleep difficulties Loss of cognitive function Extreme mood swings Chills Body aches Tremors and shakiness Fatigue Exhaustion Difficulty concentrating Depression Anxiety

		<p>from reality Paranoia Psychosis Psychological symptoms:</p> <p>Anxiety Aggression and hostility Feelings of restlessness Delusions Panic Suicidal and homicidal tendencies</p>	
Opioids	Euphoria, lethargy, drowsiness, lack of motivation, constricted pupils	<p>Excessive drowsiness Constricted pupils (meiosis) Confusion Slurred speech Constipation Respiratory depression (shallow and short breathing) Track marks on skin or fresh puncture wounds Weight loss Mood swings Frequent nose bleeds</p>	Craving for the drug, nausea/vomiting, muscle aches, lacrimation or rhinorrhea, pupillary dilation, piloerections or sweating, yawning ,fever, insomnia
Hallucinogens	Visual hallucinations, disorientation, confusion, paranoid delusions, euphoria, anxiety, panic, increased pulse	Increased heart rate, high blood pressure and dilated pupils	<p>Dilated pupils. Rapid eye movement. Anxiety. Increase or loss of appetite. Feelings of being invulnerable. Euphoria. Increased heart rate. Distorted perceptions</p>
Cannabinols	Relaxation, talkativeness, lowered inhibitions, euphoria, mood swings	<p>Extreme anxiety or panic attacks. Psychotic reactions in which someone loses touch with reality or becomes paranoid, sometimes in the form of hallucinations, delusions, or a loss of personal identity. Decreased judgment, perception, and</p>	<p>diminished appetite mood changes irritability sleep difficulties, including insomnia headaches loss of focus cravings for marijuana sweating, including cold sweats chills increased feelings of depression stomach problems</p>

		<p>coordination that can lead to injuries or even death.</p> <p>A fast heart rate, chest pain, or heart attack.</p> <p>Uncontrollable shaking or seizures.</p> <p>Pale skin color.</p> <p>Unresponsiveness.</p> <p>Sudden high blood pressure with headache</p>	
Inhalants	<p>Belligerence, apathy, impaired judgement, tremor, blurred vision, irritation around eyes, throat, and nose.</p>	<p>Chemical odors on breath or clothing.</p> <p>Paint or other stains on face, hands or clothing.</p> <p>Slurred or incoherent speech.</p> <p>Appearing drunk or dazed.</p> <p>Nausea or loss of appetite</p>	<p>Show no withdraw symptoms</p>