

Reflection Journal Directions:

Directions: Review your recorded simulation. Provide in-depth, thorough answers to each of the following questions. Answers should be added directly into this document. Submit your journal to the dropbox for the appropriate simulation scenario (Scenario #1, Scenario #2).

Responding:

Discuss one thing you noticed, how you interpreted it, and how you responded. (Ex. I noticed the patient was grimacing. I interpreted this to mean my patient was experiencing pain. I responded with a thorough pain assessment, use of guided imagery, and administered acetaminophen 650mg orally.) Do you feel your response was appropriate? Explain.

One thing I noticed when checking my patient was that he was feeling worse. He felt like throwing up, so the head of the bed was elevated. The charge nurse assisted and made sure the wall suction was set up. Patient began to vomit and it looked like coffee ground. As the primary assessment nurse responded right away by letting the charge nurse to let the health care provider know what was going on, and to see if he could have NG placed, IV dextrose given since he was NPO and diabetic, and consulted to GI right away.

Describe your communication with your patient; was it therapeutic and professional? Provide one example of how you connected with your patient.

I believe the communication with the patient was professional. The patient in the beginning was reporting pain, instead of finished the assessment the pain needed to be controlled. The charge nurse was notified and the doctor prescribed morphine for pain and phenegan for nausea. All the nurses explained every step to the patient and to where he could understand and making the patient the was not anxious.

Discuss one example of your communication that could use improvement. What did you say? How would you reword this statement?

One example of communication that could use improvement was when the charge nurse was calling the healthcare provider, the nurse kind of explained the situation but the information was scattered, the nurse went and asked the patient how old he was. This could made the patient a little anxious because these nurses are taking care of him and don't know the information to explain the doctor. I would have looked at his chart and called the health care provider, stating, "Hi Doctor D, This is Erica the nurse on the 3T. My patient in room xxxx, Sam Smith who is 65 years old is reporting nausea and pain. He reports pain all over his abdomen area, rate his pain 6/10. Sam came to the ER due to nausea, vomiting, and having black tarry stool for two days. Patient has history of PUD, diverticulitis, GERD, migraine headaches, type 2 diabetic, recently

quit smoking 2 pack/day for 22 years. His vitals are stable at the moment. He currently does not have any medications ordered is there any way we can give him something for pain and nausea.

Provide an example of collaborative communication you utilized within your team.

An example of collaborative communication that was utilized within the team, was when the patient was reporting pain 6/10 and pain was all over his abdomen area, the assessment notified the charge nurse which let the healthcare provider to obtain orders. After orders were confirmed and obtained the medication nurse explained the patient what he was getting and verified any allergies.

Reflecting:

Describe one teaching need that you identified or implemented. What was the patient's or family's response to that teaching need?

One teaching need that I identified was when the assessment was educating the patient about maybe he was developing an ulcer it was important for him to stop taking any aspirin for his headaches because the aspirin disrupts the barrier in the stomach causing the ulcer. He was educated to then use acetaminophen rather than using any aspirin or NSAIDS. Patient seemed to understand the education provided.

How did your expectations change as the simulation progressed? How did you adjust your nursing care to these new expectations?

I expected the patient to be in worse condition due to the fact that he received morphine which could have caused him to feel even more nauseas and vomit. The nursing team responded very well made sure that suction was put together and head of the bed was elevated. The assessment nurse explained what was going and educated how important it was to place an NG tube.

Write a detailed narrative nurses note based on your role in the scenario.

Pt this morning was complaining of nausea and pain. Pt reported pain as 6/10 and pain was all over his abdomen area. Healthcare provider was notified. Morphine and phenegran was given. Continued with physical assessment. Pt is was educated on the stop of use of aspirin. Stool sample was collected and came back positive for blood occult. Pt was vomiting coffee ground emesis, pt's head was elevated vitals changed. His blood pressure was 94/58, he was cool, clams,

and pale, heart beat was 109, oxygen was changing between 91-93, nasal cannula at 2L was placed. D5 Normal saline at 125 mL/hr was given, NG tube was placed. Chest x-ray was ordered to verify placement. GI will be consulted for an endoscopy.

Use a meme or a word to describe how you felt before, during, and after the simulation scenario (one meme or word for each phase). Why did you choose these pictures or words?

Confident. The reason I choose confident describing how I felt before, during, and after simulation was due to the fact that my nursing team were all confident, they knew what to do, explained everything to patient and made sure he felt safe.