

Reflection Journal Directions:

Tamara Ryan

Directions: Review your recorded simulation. Provide in-depth, thorough answers to each of the following questions. Answers should be added directly into this document. Submit your journal to the dropbox for the appropriate simulation scenario (Scenario #1, Scenario #2).

Responding:

Discuss one thing you noticed, how you interpreted it, and how you responded. (Ex. I noticed the patient was grimacing. I interpreted this to mean my patient was experiencing pain. I responded with a thorough pain assessment, use of guided imagery, and administered acetaminophen 650mg orally.) Do you feel your response was appropriate? Explain.

I noticed the patient was having stomach pain and nausea because he verbalized this. I responded by doing a pain assessment and asking the patient if the pain radiates and he said it radiates up like you are throwing up. Dr. Dunbar was called and requesting some medication for the patient. Phenergan 25mg IM every 6 hours as needed for nausea was ordered and also morphine 2mg IM as needed every 4 hours for pain. I feel this was appropriate because we want the patient to be comfortable and his pain is a priority. We want to stop the nausea because since he is having a GI issue, we want the stomach to rest and if the patient has nausea and maybe will vomit will cause pain.

Describe your communication with your patient; was it therapeutic and professional? Provide one example of how you connected with your patient.

I would say the communication was more professional. An example of connecting with this patient was by giving verbal information about everything that was going on in layman terms so the patient could understand everything. We told the patient because of his symptoms he would be on bed rest and would have to use a bedpan. We walked the patient through the process and gave them privacy as if they were in the bathroom. We told them to call when ready. Also, therapeutic because the patient got scared when told he had to get an NG tube. We reassured the patient that everything was going to be okay verbally.

Discuss one example of your communication that could use improvement. What did you say? How would you reword this statement?

I did not use SBAR when calling Dr. Dunbar about getting some pain medication and nausea medication for the patient. This took extra time from the Doctor and from Devon from taking care of the patient and taking longer to get the medication the patient needs. I would make sure

to have all my information I need about the patient before calling the doctor with a recommendation to help the patient. We also forgot to ask about medication allergies before administering the nausea and pain meds so I would be sure to do that before giving the patient anything.

Provide an example of collaborative communication you utilized within your team.

Nick had rechecked the vitals before having Lora administer the medications. It was also delegated who was passing medications, calling the doctor and who was doing the assessment. This saves time and helps the patient efficiently without causing chaos because everyone in the room knew what they were supposed to be doing.

Reflecting:

Describe one teaching need that you identified or implemented. What was the patient's or family's response to that teaching need?

A teaching need needed for the patient is to avoid NSAIDS such as aspirin. By have an ulcer, the use of NSAIDS, such as aspirin or ibuprofen could be dangerous and potentially life-threatening. A non-NSAID pain reliever, like acetaminophen, may be a safer choice. We offered the patient this alternative because maybe he was not aware that NSAIDS are harmful to ulcers and can cause more pain and bleeding. The patient took it well and verbally used teach back, papers were also given for when the patient goes home as a nice reminder. There was no family in the room.

How did your expectations change as the simulation progressed? How did you adjust your nursing care to these new expectations?

My expectations changed as the patient began to vomit up blood and say he was getting dizzy and did not feel right. Checking vitals was an immediate action because the patient is losing blood and may have low Blood pressure because of this causing dizziness. I was not expecting to have to put the NG tube in during this simulation. I adjusted my nursing care by focusing on the patient first and trying to fix the issue at hand. We want to monitor the blood pressure often and call Dr. Dunbar to get something to help raise the blood pressure.

Write a detailed narrative nurse note based on your role in the scenario.

Patient was given Phenergan and Morphine at this time per Dr. Dunbar's orders. Patient was educated on medication and possible side effects. He is resting in bed currently with call light in reach and bed alarm is on. He denies any more needs currently.

Use a meme or a word to describe how you felt before, during, and after the simulation scenario (one meme or word for each phase). Why did you choose these pictures or words?

WE ARE FAMILY

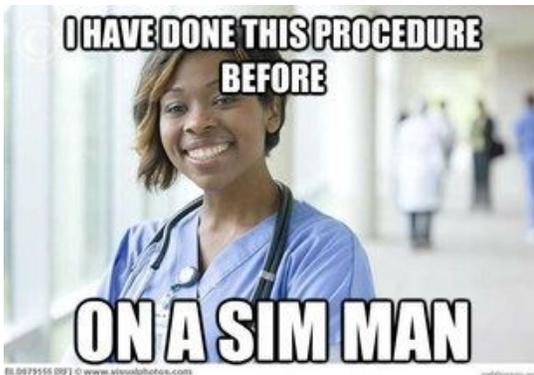


I GOT ALL MY SISTERS WITH ME

makeameme.org

I felt prepared for this simulation and confident with the classmates by my side to help with this scenario.

I HAVE DONE THIS PROCEDURE BEFORE



ON A SIM MAN

88,047,955 (2017) © www.istockphoto.com

When they mentioned putting the NG tube I was like YES like me try it since I had already done it on a mannequin before. It is different than doing it on an actual person.

Adult 2 Simulation



Didn't Kill the Mannequins

quickmeme.com

I felt confident in how the simulation played out and how the pt was getting help for his nausea and vomiting. I would say many things were done in this scenario such as IM injections ,iv fluids, and even the insertion of an NG tube.