

Nursing Diagnosis:

Decreased cardiac output R/T alterations in heartrate aeb:

- Bradycardia – heartrate of 30 beats per minute
- Hypothermia – rectal temperature of 95.6 F
- 2+ pitting edema of bilateral lower extremities
- Orthopnea
- Ronchi noted in bilateral posterior lung bases on auscultation.

Goals and Outcomes:

Patient will display improved cardiac output aeb:

- Improved heartrate maintained at 60-100 beats per minute
- Improved core body temperature within the normal range (97.6 – 99.0)
- Improved bilateral lower extremity edema
- Improved orthopnea
- Absence of Ronchi in bilateral posterior lung bases on auscultation

By discharge.

Patient Interventions:

- 1.) Assess heartrate and rhythm q4h (0800, 1200, 1600, ...)
 - to determine if signs and symptoms of bradycardia are improving
- 2.) Assess temperature q4h (0800, 1200, 1600, ...) orally, axillary, and rectally
 - To determine if signs and symptoms of hypothermia are improving
- 3.) Administer Bair Hugger – warming blanket PRN
 - To treat the signs and symptoms of hypothermia
- 4.) Administer Lasix 40mg IVP q24h @ 0900
 - To treat bilateral lower extremity edema
- 5.) Assess breathing patterns, respirations, and depth q4h (0800, 1200, 1600, ...)
 - To determine if signs and symptoms of orthopnea are improving
- 6.) Educate patient on deep breathing and coughing 10x qh (0800, 0900, 1000, 1100, ...)
 - To promote maximal lung expansion in order to improve adventitious lung sounds

Evaluation:

2-13-2020: Goal partially met aeb:

- 1.) Patient's heartrate remained within normal limits of 60-100 beats per minute
- 2.) Temperature showed intermittent events of improvement but remained unstable
- 3.) Bilateral edema improving
- 4.) Patient shows minimal improvement of SOB while lying flat

5.) Patient continues to have bilateral Ronchi in the bilateral posterior lung bases.

Continue plan of care.

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