**EVALUATION OF CLINICAL PERFORMANCE TOOL**
**Medical Surgical Nursing – 2020**

**Firelands Regional Medical Center School of Nursing**
**Sandusky, Ohio**

**Student**: Kylie Adelman

**Final Grade**: **Satisfactory/Unsatisfactory**

**Semester**: **Spring**

**Date of Completion**:

**Faculty**: **Dawn Wikel,** MSN, RN, CNE**; Lora Malfara**, MSN, RN**; Kelly Ammanniti,** MSN, RN

**Faculty eSignature**:

**Teaching Assistant**: **Devon Cutnaw,** BSN, RN**; Monica Dunbar,** BSN, RN**;**
**Nick Simonovich,** BSN, RN**; Liz Woodyard,** BSN, RN, CRN

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**DIRECTIONS FOR USE**:

Each week the students evaluate themselves based on the competencies using the performance code on page 2. The performance code includes the terms **Satisfactory (S), Needs Improvement (NI), Unsatisfactory (U), and Not Available (NA).** The faculty member will initial if in agreement with the student's evaluation. If there is a discrepancy in the performance code evaluation between the student and the faculty member, a note is written on the comment section by the faculty member with the rationale for the evaluation. All competencies must be rated a "S, NI, or U". If the student does not self-rate, then it is an automatic "U". A student who submits the clinical evaluation tool late will be rated as "U" in the appropriate competency(s) for that clinical week. Whenever a student receives a "U" in a competency, the following week it must be addressed with a comment as to why it is no longer a "U". If the student does not state why the "U" is corrected, then it will be another "U" until the student addresses it. All clinical competencies are critical to meeting the objectives of the course. If the final performance code is unsatisfactory in any one of the competencies, a grade of unsatisfactory is given. If a pattern of unsatisfactory performance occurs after performing the competency satisfactorily, this also constitutes a grade of unsatisfactory. An unsatisfactory as a final score in any single competency results in a clinical course grade of unsatisfactory; this is a failure of the course. The terms Satisfactory and Unsatisfactory will be used in evaluating the final grade or clinical course performance.

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**METHODS OF EVALUATION**:

Skills Lab Competency Tool & Skills Checklists
Simulation, Prebriefing, Debriefing, & Reflection Journals
Nursing Care Plan Rubric
Meditech Documentation
Clinical Debriefing
Clinical Discussion Group Grading Rubric
Evaluation of Clinical Performance Tool
Lasater's Clinical Judgment Rubric & Scoring Sheet
Virtual Simulation Scenarios

**ABSENCE (Refer to Attendance Policy)**

| Date | Number of Hours | Comments | Make-up (/Date/Time) |
|---|---|---|---|
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| Faculty's Name | Initials |
|---|---|
| **Kelly Ammanniti** | **KA** |
| **Devon Cutnaw** | **DC** |
| **Monica Dunbar** | **MD** |
| **Lora Malfara** | **LM** |
| **Nick Simonovich** | **NS** |
| **Dawn Wikel** | **DW** |
| **Liz Woodyard** | **EW** |

## PERFORMANCE CODE

**SATISFACTORY CLINICAL PERFORMANCE**

**Satisfactory (S):** Safe, accurate each time, efficient, coordinated; confident, focuses on the patient; some expenditure of excess energy; within a reasonable time period; appropriate affective behavior; occasional supporting cues; minimal faculty feedback related to written clinical work.

**UNSATISFACTORY CLINICAL PERFORMANCE**

**Needs Improvement (NI):** Safe; accurate each time; skillful in parts of behavior; focuses more on the skill and self rather than the patient; inefficient, uncoordinated, anxious, worried, flustered at times; expends excess energy within a delayed time period, frequent verbal and occasional physical directive cues in addition to supportive cues; faculty feedback required in several areas of clinical written work.

**Unsatisfactory (U):** Failure to achieve the course competency, safe but needs faculty reminders constantly, not always accurate, unskilled, inefficient, considerable expenditure of excess energy, anxious, disruptive or omitting behaviors, focus on skills and/or self, continuous verbal and frequent physical cues, unsafe, performs at risk to patient/clients/others, unable to function, incomplete, erroneous, faulty, illegible clinical written work, no feedback sought from instructor or response to feedback not evident in submitted written work. If the student does not self-rate a competency the competency is graded "U." A "U" in a competency must be addressed in writing by the student in the Evaluation of Clinical Performance tool. The student response must include how the competency has been or will be met at a satisfactory level. If the student does not address the "U," the faculty member (s) will continue to rate the competency unsatisfactory.

**OTHER**

**Not Available (NA):** The clinical experience which would meet the competency was not available.

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***Grey shaded boxes do not need a student evaluation rating or faculty member's initials.**

| Date | Care Plan Diagnosis | Evaluation & Instructor Initials | Remediation & Instructor Initials | Remediation & Instructor Initials |
|---|---|---|---|---|
| 1/22/2020 | Ineffective health maintenance | S/NS | NA | NA |
| 1/31/2020 | Impaired Sensory Perception | S/NS | NA | NA |

Note: Students are required to submit two satisfactory care plans over the course of the semester. If the care plan is not evaluated as satisfactory upon initial submission, the student may revise the care plan based on instructor feedback/remediation and resubmit until satisfactory. At least one care plan must be submitted prior to midterm.

**Objective**

1. Illustrate correlations to demonstrate the pathophysiological alterations in adult patients with medical-surgical problems. (2,3,4,5)*

| Weeks of the Course | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | Midterm | 9 | 10 | 11 | 12 | 13 | 14 | Make Up | MakeUp | Final |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Competencies:** a. Analyze the involved patho-physiology of the patient's disease process. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| b. Correlate patient's symptoms with the patient's disease process. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| c. Correlate diagnostic tests with the patient's disease process. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| d. Correlate pharmacotherapy in relation to the patient's disease process. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| e. Correlate medical treatment in relation to the patient's disease process. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| f. Correlate the nutritional needs in relation to patient's disease process. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| g. Assess developmental stages of assigned patients. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| h. Demonstrate evidence of research in being prepared for clinical. (Noticing) | S | | S | S | S | S | | | | | | | | | | | | |
| Indicate your clinical site as well as your patient's age and primary medical diagnosis in this box weekly. | Meditech, FSBS, D/C IV, IV Pump Sessions | | 3N 56 Hyperglycemia/ diabetes | 3N 55 Impaired Mental Status | 4N 58 Stage 4 renal failure | Rehab 77 non traumatic intracerebral hemorrhage | | | | | | | | | | | | |
| Instructors Initials | **DW** | | **NS** | **NS** | **EW** | | | | | | | | | | | | | |

**Comments:**

Week 3 objective 1 (a-f) – Kylie, this week you were able to gain experience with a patient newly diagnosed with diabetes. You were able to discuss and analyze the pathophysiology of diabetes and the acute complication of HHNS. You were able to notice the symptoms he was experiencing through researching the patient,

communicating with him, and reviewing the chart. You were able to interepet his symptoms as being associated with uncontrolled diabetes and ineffective health maintenance. You were also able to discuss the diagnostic tests that were performed, including a Hgb A1c test. You did a great job of correlating the pharmacotherapy ordered for your patient while also educating him on how to properly administer his insulin. You understood his nutritional needs and the importance of being compliant with a diabetic diet. Great job! NS

Week 4 1(a-h) – Great job this week researching your patient and really digging down deep to try to understand her disease process. This was a challenging week as the doctors could not even pinpoint what exactly was causing her symptoms. I thought you showed great effort in interpreting your patient's symptoms and trying to correlate them with a diagnosis. You were able to look into a relatively unknown diagnosis of conversion syndrome and correlated her clinical manifestations. You also did very well interpreting the pharmacotherapy that was ordered on your patient and understanding the side effects that come with many psychiatric medications. NS
WK5 4A-H: Kylie you did a good job working to understand not only your patient but also those of your team mates. With your first patient, you really worked hard in putting all the pieces together in making connections on her assessment and her history and then developing appropriate interventions. EW

**Objective**

2. Perform physical assessments as a method for determining deviations from normal. (3,4,5)*

| Weeks of the Course | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | **Midterm** | 9 | 10 | 11 | 12 | 13 | 14 | **Make Up** | **MakeUp** | **Final** |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Competencies:**<br>a. Perform inspection, palpation, percussion, and auscultation in the physical assessment of assigned patient. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| b. Conduct a fall assessment and implement appropriate precautions. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| c. Conduct a skin risk assessment and implement appropriate precautions and care. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| d. Communicate physical assessment. Responding) | | | S | S | S | S | | | | | | | | | | | | |
| e. Analyze appropriate assessment skills for the patient's disease process. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| f. Demonstrate skill in accessing electronic information and documenting patient care. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| | **DW** | | **NS** | **NS** | **EW** | | | | | | | | | | | | | |

**Comments:**

Week 1 (2f)- By attending the Meditech clinical update & providing your full, undivided attention during the demonstration of documenting insulin, IV solutions, saline flushes and IV site assessments you are satisfactory for this competency. NS

Week 3 objective 2 (a,e,f) – Excellent work with your assessment and documentation this week. You were able to notice abnormal assessment findings and interpreted them appropriately. You noticed the patient had excessively dry skin and charted your findings. You assessed the patient's FSBS and responded appropriately. You performed and documented a thorough pain assessment. Great job documenting thoroughly the hygiene care that was offered and provided. One reminder for future clinicals: remember, we haven't learned about EKGs or heart rhythms yet. Be sure to leave these areas blank in the cardiovascular assessment. NS

Week 4 2 (a) – Great job with your assessment and documentation this week. You prioritized the patient's psychosocial assessment and neuro assessment for a patient admitted with altered mental status. Be sure to include all of the pulses that you checked in the cardiovascular assessment when click "not within defined parameters." Everything else looked good! NS
WK 5 2A-F: Physical assessment was detailed and documentation was excellent. You were able to work to prioritize the care of your patients as well as those of your team mates. EW

**Objective**

3. Execute safety precautions in the implementation of quality, patient-centered care and evidence-based nursing interventions. (2,3,4,5,8)*

| Weeks of the Course | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | Midterm | 9 | 10 | 11 | 12 | 13 | 14 | Make Up | MakeUp | Final |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Competencies:** a. Perform standard precautions. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| b. Demonstrate nursing measures skillfully and safely. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| c. Demonstrate promptness and ability to organize nursing care effectively. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| d. Appropriately prioritizes nursing care. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| e. Recognize the need for assistance. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| f. Apply the principles of asepsis where indicated. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| g. Implement the appropriate DVT prophylaxis interventions based on assessment and physicians orders. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| h. Identify the role of evidence in determining best nursing practice. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| i. Identify recommendations for change through team collaboration. (Interpreting) | | | S | S | S | S | | | | | | | | | | | | |
| | **DW** | | **NS** | **NS** | **EW** | | | | | | | | | | | | | |

**Comments:**

Week 3 objective 3 (c,d) – This week I felt you had very good time management skills in prioritizing your care. You stayed on task, performed interventions when appropriate, and stayed caught up on your charting. You did a great job with your education on insulin administration and prioritized this aspect of care understanding that the patient was newly diagnosed diabetic and needed time designated to education and teaching back. You were also able to provide hygiene care and encouraged the

patient to ambulate the halls. The patient had refused the day before; however, you were able to discuss the importance with him and ensured this was completed prior to leaving for the day. NS

Week 4 3(B,F) – You were able to perform the nursing measures such as orthostatic vital signs effectively and communicated your findings in the chart. You did a great job this week applying the principles of asepsis. You were able to perform two different types of injections this week and ensured proper aseptic technique was followed to prevent the risk of infection. NS
WK5 3A,B,F: worked with your team to ensure the correct precautions were in place and worked extensively with Abby to ensure the patient with risk of skin breakdown was also educated and cared for appropriately. EW

**Objective**

3. Execute safety precautions in the implementation of quality, patient-centered care and evidence-based nursing interventions. (2,3,4,5,8)*

| Weeks of the Course | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | Midterm | 9 | 10 | 11 | 12 | 13 | 14 | Make Up | MakeUp | Final |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Competencies:**<br>j. Administer PO, SQ, IM, or ID medications observing the rights of medication administration. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| k. Calculate medication doses accurately. (Responding) | | | S | S | N/A | N/A | | | | | | | | | | | | |
| l. Administer IV therapy, piggybacks and/or adding solution to a continuous infusion line. (Responding) | | | N/A | N/A | N/A | N/A | | | | | | | | | | | | |
| m. Regulate IV flow rate. (Responding) | S | | ~~N/A~~<br>S | S | S | N/A | | | | | | | | | | | | |
| n. Flush saline lock. (Responding) | | | N/A | S | S | N/A | | | | | | | | | | | | |
| o. D/C an IV. (Responding) | S | | N/A | ~~S~~<br>NA | S | N/A | | | | | | | | | | | | |
| p. Monitor an IV. (Responding) | | | S | S | S | N/A | | | | | | | | | | | | |
| q. Perform FSBS with appropriate interventions. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| | **DW** | | **NS** | **NS** | **EW** | | | | | | | | | | | | | |

**Comments:**

Week 1 (3m,o)- By attending the D/C IV clinical and providing your full, undivided attention during the demonstration of both the Alaris pump, documentation of IV site maintenance and discontinuing a peripheral IV you are satisfactory for this competency. NS/EW (3q)-The student was able to demonstrate understanding of the rationale of FSBS and the use of the glucometer. The student was able to perform a Quality Control check of the glucometer as well as demonstrate skills and knowledge required of proper sample ID, collection and handling of blood. LM/DC

Week 3 objective 3 (j,k,m,p,q) – Overall I thought you did well with your medication administration this. You were able to gain experience administering a SQ insulin injection in addition to PO medications. You ensured patient safety, practice the 6 rights and 3 checks, and documented appropriately. Great job this week calculating medication dosages using a sliding scale for insulin. You were able to determine the correct dose of insulin according to the orders. You were able to maintain and regulate

a continuous IV infusion by ensuring the rate was infusing as ordered. You did a great job of monitoring the IV site to prevent complications. I am proud of you for being able to perform a FSBS independently. Although you were nervous, you were able to perform the skill without assistance. Great job! NS
Week 4 3 (j-q) – I thought you did a great job with medication administration this week. You patient had a lengthy list of medications that you were able to research and describe. You paid careful attention to the medications that could alter her mental status and understood the side effects to monitor for. You were able to perform accurate dosage calculation with a sliding (corrective scale) for short acting insulin. Awesome job performing your first IM injection this week. Although you were visibly nervous (which isn't unexpected), you were able to perform the skill appropriately. You followed appropriate technique utilizing the z-track method, aspirated for blood return, and slowly injected the medication to ensure it was absorbed. NS
WK5 3JMNOPQ: You did a good job working through the meds and tying piece together the rationale and also things to watch for. My only suggestion is to be confident. You are totally capable to do this, I believe in you! If you ever need to work on anything or have questions, please do not hesitate to ask. EW

**Objective**

**4.** Use therapeutic communication techniques to establish a baseline for nursing decisions. (1,5,7)*

| Weeks of the Course | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | **Midterm** | 9 | 10 | 11 | 12 | 13 | 14 | **Make Up** | **MakeUp** | **Final** |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Competencies:**<br>a. Integrate professionally appropriate and therapeutic communication skills in interactions with patients, families, and significant others. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| b. Communicate professionally and collaboratively with members of the healthcare team. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| c. Report promptly and accurately any change in the status of the patient. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| d. Maintain confidentiality of patient health and medical information. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| e. Consistently and appropriately post comments in clinical discussion groups. (Reflecting) | | | S | S | S | S | | | | | | | | | | | | |
| f. Obtain report, from previous care giver, at the beginning of the clinical day. (Noticing) | | | S | S | S | S | | | | | | | | | | | | |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| g. Provide a clear, organized hand-off report to your patient's next provider of care. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| | | | **NS** | **NS** | | | | | | | | | | | | | | |

**Comments:**

Week 3 objective 4 (a) – I wanted to make mention this week about the therapeutic communication that you provided to your patient. It was evident that you were able to make a connection during your care. The patient even wrote you a note to thank you for caring for him. These are things to always remember and be proud of! It is evident that you make a positive impact on your patients each clinical experience. NS

Week 3 objective 4 (e) – Overall good job with your CDG this week. I know summarizing such a long article can be difficult, especially as you are getting used to evidence based articles. I think you did a nice job of condensing the information to make it easier to read for your classmates. You did a great job with your APA reference and citations. One tip for the reference - be sure to *italicize* the journal in your reference. Everything looked great, just make sure the journal title is as follows: *International Journal of Nursing Science*, *6*(1) to follow accurate APA guidelines. For the citation, just be sure to put a comma after the final last name and the publishing year and the "&" sign before the final last name (Carpenter, DiChiacchio, & Barker, 2018). Otherwise, you did a great job and met the criteria for a satisfactory CDG.

Week 4 4(e) – Very interesting article selection this week that certainly pertains to your patient and the school theme of mindfulness. I hope you were able to gain some insight on the benefits behind mindfulness activities. Your CDG looked good and met all the requirements for a satisfactory evaluation. One thing to keep in mind for APA referencing in the future: The journal title is *italicized* and the article title is not. You just had them reversed in your initial post reference. NS
WK5 4A-G: Kylie you were always very helpful to your teammates, kind to your patients and professional. Your attention to detail and diligence to learn will serve you and the nursing field well. You are going to make an amazing nurse. Your quick team lead report was useful and done well. Identifying the risk for skin breakdown and communicating it even helped to educate the charge nurse on the new skin care being utilized. Never underestimate yourself. I am excited to see where your career takes you! EW

**Objective**

5. Implement patient education based on teaching needs of patients and/or significant others. (1,6)*

| Weeks of the Course | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | Midterm | 9 | 10 | 11 | 12 | 13 | 14 | Make Up | MakeUp | Final |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Competencies:** **a. Describe a teaching need of your patient.**** (Reflecting) | | | S | S | S | S | | | | | | | | | | | | |
| b. Utilize appropriate termino-logy and resources when providing patient education. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| c. Evaluate health-related information on the intranet. (Responding) | | | S | S | S | S | | | | | | | | | | | | |
| | | | **NS** | **NS** | **EW** | | | | | | | | | | | | | |

****5a- You must address this competency in the comments on a weekly basis. For clinicals on 3T, 3N, 4N, or Rehab- describe the patient education you provided; be specific. For clinicals on alternative sites- describe a teaching need you identified.**

**Comments:**

5A.) My patient on 3N was diagnosed with diabetes and was admitted to Firelands with a 1320 blood glucose level. The most prominent intervention was the need for education regarding his diagnosis of diabetes, the importance of his insulin medications, and how to administer insulin injections. I was able to show the patient how to use the glucose scale to determine the amount of units he needed to administer as well as teaching him the technique of administration and rotating injections sites. Awesome! Great job identifying the priority teaching need for your patient and providing the education. Although insulin administration is new to you and you have not learned to intricacies of diabetes, I thought you did a great job of educating the patient and utilizing the teach back method by having him dial up the dosage and allowing him to administer the medication himself while monitoring closely to ensure he was doing is appropriately. NS

5A.) My patient required orthostatic vitals to be taken, as she was previously was dizzy and confused upon being admitted to Firelands with acute confusion. Orthostatic vitals were ordered to evaluate if her blood pressure would decrease between supine, sitting, and standing positions. My patient needed to be educated about how she needs to take a 1-2 minute pause after standing up before proceeding to walk as she quickly stands up, this causes light headiness and dizziness. Perfect education topic for your patient this week! Hopefully with this understanding she can be safe at home until they are able to determine what is causing her symptoms. Great job! NS

5A.) My patient had what looked like the formation of a pressure ulcer starting to appear. I educated her on the importance of changing positions every 2 hours in order to prevent further injury or damage to the site. I also educated my patient on the importance of deep breathing and coughing to keep her airway clear as she had amounts of

phlegm coming up and she was not easily able to get out of bed. This is appropriate and needed education. This helps her to stay in charge of her health which can often be empowering for patients. Good work! EW

5A.) My patient had a stroke on January 14th in which affected her left side, causing her to become very weak and unable to perform ADL's. She was incontinent and as I was changing her brief, I noticed a reddened area on her buttock in which she said had no pain. I discussed with the patient that it is important for her to change positions every 2 hours in order to prevent the affected area from becoming a pressure ulcer. I asked her to show me a different position in which she could lie in and she was able to use the teach back technique in order for me to understand she was comprehending what I was teaching her.

**Objective**

6. Implement patient-centered plans of care utilizing the nursing process and clinical judgment. (2,3,4,5)*

| Weeks of the Course | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | **Midterm** | 9 | 10 | 11 | 12 | 13 | 14 | **Make Up** | **MakeUp** | **Final** |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| a. Develop and implement a priority care plan utilizing the nursing process and clinical judgment. (Noticing, Interpreting, Responding, Reflecting) | | | S | S | N/A | N/A | | | | | | | | | | | | |
| b. Development of clinical judgment in high-fidelity simulation scenarios. (Noticing, Interpreting, Responding, Reflecting) | | | | | | | | | | | | | | | | | | |
| | | | **NS** | **NS** | **EW** | | | | | | | | | | | | | |

**Comments:**

See Care Plan Grading Rubrics below.

Week 3 objective 6 (a) - Great job with your nursing care plan this week receiving 20/22 possible points. Please review the attached care plan grading rubric below for further comments. NS

Week 4 4(a) – Satisfactory (20/22). Please review the comments on the attached grading rubric for further information. Great job! NS

Week 8- See Simulation Scoring Sheet below.

Week 13- See Simulation Scoring Sheet below.

| **Objective # 6a:** Implement patient-centered plans of care utilizing the nursing process and clinical judgment. (2,3,4,5)* | **Students Name:** Kylie Adelman<br><br>**Date:** 1/22/2020 |
|---|---|
| ****Nursing care plan not appropriate to patient situation = 0 and automatic unsatisfactory rating** | **Nursing Diagnosis:** **Ineffective health maintenance r/t uncontrolled blood glucose levels** |
| Nursing Diagnosis: (3 points total)<br>Problem Statement (1) 1<br>Etiology (1) 1<br>Defining Characteristics (1) 1 | Total Points 3<br>Comments: Great job with the nursing diagnosis section of your care plan. Your problem statement is NANDA approved and is a priority for your patient admitted with a blood glucose level of 1320. Your etiology is appropriate and does not include a medical diagnosis. You provided a thorough list of 6 defining characteristics that meet the SMART criteria and are supportive of your nursing diagnosis. |
| Goal and Outcome (6 points total)<br>Goal Statement (1) 1<br>Outcome:<br>Specific (1) 1<br>Measurable (1) 1<br>Attainable (1) 1<br>Realistic (1) 0<br>Time Frame (1) 1 | Total Points 5<br>Comments: A generalized goal statement was provided that directly relates to the NANDA problem. For every defining characteristic that was included in the AEB section, a positive assessment was included as goals for your patient to achieve. A timeframe was included to meet the goal and outcomes by discharge. Overall, you were able to meet the SMART criteria for your outcomes. One point was deducted for "realistic." Although each of your outcomes were appropriate for your patient, it would be unrealistic for a patient to achieve a Hgb A1c level within normal range by discharge. Remember, this lab value is indicative of long-term blood glucose control (Over three months). It wouldn't be possible for this value to be completely within normal limits by discharge. You may see an improved level, but it is unlikely that it would return to normal limits. Otherwise, great job! NS |
| Nursing Interventions: (8 points total)<br>Prioritized (1) 1<br>What (1) 1<br>How Often (1) 1<br>When (1) 1<br>Individualized (1) 1<br>Realistic (1) 1<br>Rationale (1) 1<br>All pertinent interventions listed (1) 1 | Total Points 8<br>Comments: An excellent list of 12 interventions was provided. The interventions were prioritized appropriately with assessment interventions taking highest priority. You described what, how often, and when each intervention would be performed. The intervetnions were individualized to meet your patients needs and the interventions were realistic for the care that was to be provided. You included accurate rationales for each intervention and it is clear this list was well thought out. All pertinent interventions were listed. Great job! NS |
| Evaluation: (5 points total)<br>Date (1) 0<br>Goal Met/partially/unmet (1) 1<br>Defining characteristics (1) 1<br>Plan to continue/terminate (1) 1<br>Signature (1) 1 | Total Points 4<br>Comments: Overall good work with the evaluation section of the care plan. You identified that the goal and outcomes were partially met as evidence by your assessment of each of the outcome section. Based on your patient's progress, you appropriately decided to continue the plan of care. A signature was provided at the end which signifies you were the nurse evaluating the effectiveness of the plan of care. One point was deducted for not providing an evaluation date. Be sure to include the date with your evaluation to ensure all points are received. NS |

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| Total possible points = 22<br>18-22 = Satisfactory care plan<br>17-14 = Needs improvement care plan<br>≤ 13 = Unsatisfactory care plan | Total Points for entire care plan = 20/22<br><br>Comments: Awesome job with your first care plan submission this semester! You have demonstrated an understanding of developing a plan of care for a patient with issues maintaining their health. You have received 20 out of 22 points for a satisfactory submission. Please review the comments provided for continued success with nursing care plans. Now that you have submitted one successful attempt, you are only required to submit one more successful attempt before the end of the semester. Great job, keep up the hard work! NS |

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| **Objective # 6a:** Implement patient-centered plans of care utilizing the nursing process and clinical judgment. (2,3,4,5)* | **Students Name:** Kylie Adelman<br><br>**Date:** 1/31/2020 |
| ****Nursing care plan not appropriate to patient situation = 0 and automatic unsatisfactory rating** | **Nursing Diagnosis:** **Impaired Sensory Perception** |
| Nursing Diagnosis: (3 points total)<br>Problem Statement (1) 1<br>Etiology (1)1<br>Defining Characteristics (1) 0.5 | Total Points 2.5<br>Comments: I thought your selection of impaired sensory perception fit well with your defining characteristics and is NANDA approved. I know this was a difficult patient to formulate a plan of care on, but I think you did a nice job. The etiology was unable to be pinpointed by the physicians and nursing staff, so your stated etiology is appropriate in this situation. A half point was deducted from the defining characteristics section. Stating "Patient has positive orthostatic vitals" is not specific enough or measurable. In the future, be sure to include the specific blood pressure and heart rate findings so that when you evaluate the plan of care, you will be able to determine if there was an improvement or not. Otherwise, great job identifying assessment findings to support your nursing diagnosis. NS |
| Goal and Outcome (6 points total)<br>Goal Statement (1)1<br>Outcome:<br>Specific (1)1<br>Measurable (1)0.5<br>Attainable (1)1<br>Realistic (1)1<br>Time Frame (1) 1 | Total Points 5.5<br>Comments: Your generalized goal statement is realistic and achievable for your specific patient. Since we do not know what was causing her symptoms, it may be unrealistic to simply state patient will have improved mental status. You did a good job of providing an achievable goal for your patient. You were able to provide a positive assessment of each of the listed defining characteristics as outcomes for your patient to achieve. Most of your outcomes meet the SMART criteria. A time frame of by discharge was provided. A half point was deducted from "measurable" for the outcome "patient will demonstrate less episodes of visual hallucinations." The word 'less' is difficult to measure unless we have a starting point. Since you didn't include how often the hallucinations occurred in the defining characteristics, it would be difficult to determine if the patient was experiencing "less episodes." We would want to define how many, if any, episodes we would like the patient to achieve by discharge. The rest of your outcomes are appropriate and certainly fit within this plan of care. NS |
| Nursing Interventions: (8 points total)<br>Prioritized (1)1<br>What (1)1<br>How Often (1)1<br>When (1)1<br>Individualized (1)1<br>Realistic (1)1<br>Rationale (1)1<br>All pertinent interventions listed (1)1 | Total Points 8<br>Comments: Great job providing a thorough and detailed list of interventions for this plan of care. This was a tricky care plan to develop as many of the interventions dealt with assessing and educating. I though you did a great job including all of the necessary information for full credit in this section. NS |
| Evaluation: (5 points total)<br>Date (1)1<br>Goal Met/partially/unmet (1)1<br>Defining characteristics (1)0<br>Plan to continue/terminate (1)1<br>Signature (1)1 | Total Points 4<br>Comments: Overall, good work with the evaluation section of your care plan. You provided a date, determine the goal was partially met, stated your plan to continue the plan of care, and provided a signature at the end. One point was deducted for 'defining characteristics." Remember, in this section you are only assessment the information provided in the outcome section. You listed 6 defining characteristics and 6 outcomes. Your evaluation is assessing 7 pieces of information. You do not want to add or remove any defining characteristics to the evaluation section. NS |

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| Total possible points = 22<br>18-22 = Satisfactory care plan<br>17-14 = Needs improvement care plan<br>≤ 13 = Unsatisfactory care plan | Total Points for entire care plan = 20/22<br><br>Comments: Kylie, excellent work with your care plan for a patient with a nursing diagnosis of altered mental status/impaired sensory perception. You were able to implement these interventions in the clinical setting, and have demonstrated an understanding of the patient's diagnosis with an accurate plan of care. You have received 20/22 points for this care plan for a satisfactory evaluation. You have now completed both of the required care plans for the semester, kudos for you for working hard and completing both submissions early in the semester. Although you have completed the minimum requirements for care plans this semester, I encourage you to continue to review the process to enhance your understanding moving forward in the program. Let me know if you have any questions, keep up the hard work! NS |

**Objective**

7. Illustrate professional conduct including self-examination, responsibility for learning, and goal setting. (7)*

| Weeks of the Course | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | **Midterm** | 9 | 10 | 11 | 12 | 13 | 14 | **Make Up** | **MakeUp** | **Final** |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **a. Reflect on an area of strength. **** (Reflecting) | S | | S | S | S | S | | | | | | | | | | | | |
| **b. Reflect on an area for improvement and set a goal to meet this need.**** (Reflecting) | S | | S | S | S | S | | | | | | | | | | | | |
| c. Demonstrate evidence of growth, initiative, and self-confidence. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| d. Follow the standards outlined in the FRMCSN Student Code of Conduct Policy. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| e. Incorporate the core values of caring, diversity, excellence, integrity, and "ACE"-attitude, commitment, and enthusiasm during all clinical interactions. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| f. Exhibit professional behavior i.e. appearance, responsibility, integrity, and respect. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| g. Demonstrate the ability to give and receive constructive feedback. (Responding) | S | | S | S | S | S | | | | | | | | | | | | |
| h. Actively engage in self-reflection. (Reflecting) | S | | S | S | S | S | | | | | | | | | | | | |
| | **DW** | | **NS** | **NS** | **EW** | | | | | | | | | | | | | |

****7a and 7b: You must address these competencies in the comments section on a weekly basis. Please write a different comment each week. Remember that a goal includes what you will do to improve, how often you will do it, and when you will do it by (example- "I had trouble remembering to do the three checks of the six medication rights prior to administering medications. I will review the six rights and medication administration content in the textbook twice before the next clinical. Additionally, I will request to meet with my clinical faculty member to practice preparing and administering at least three medications before the next clinical.")**

**Comments:**

WEEK 1 7A – This week I was effectively able to organize and prepare for this semester. I was able to perform FSBS and practice skills regarding insulin medication and IV therapy. The skills I performed this week I had no experience, after this week I do feel more comfortable with being able to perform these skills with an actual patient. Furthermore, I was able to expand my abilities to most effectively study by creating a study group for this semester. DW

WEEK 2 7B – I need to continue to practice with IV therapy. I am able to distinguish the important take away from the lab and apply that but I need to focus on the full procedures step by step to feel fully confident. I also feel as if I need to work on my time management. I felt stressed between lab and class time but will continue to test strategies to find a way to equally accomplish my objectives. This is the start of a good goal, as you have identified what you want to improve. In the future, please be sure to include how often you will practice the IV therapy skills and when you will complete the practice by. (See the green highlighted instructions above). DW

WEEK 3 7A- This week I was able to complete a finger stick blood sugar for the first time by myself on a patient. I felt confident in the procedure and made sure I properly cleaned and docked the FSBS on the charging unit when I was done. Furthermore, my patient was admitted to the hospital in a condition that was severely life threatening. He was not aware that he had diabetes and mentioned that this should have been his time to go. After I was able to educate the patient and how he can properly manage his type 2 diabetes, his attitude shifted and he acknowledged that he still had many years to go and feels he still has a purpose. Wonderful strengths to note! I was proud of you for being able to confidently obtain a FSBS reading independently for the first time. Definitely something to note as a strength! Additionally, I thought you provided great education and connected with your patient to uplift his attitude towards managing it himself at home. Keep your confidence up in all that you do. You are doing a great job! NS

WEEK 3 7B – I feel coming toward into the duration of my clinical I need to work on being assertive and decrease the amount I doubt myself. I dislike waking patients so early in the morning as I know they are tired and would prefer not to be assessed right away but I also need to keep in mind my objectives that I need to complete in order to maintain time management. Moving forward at clinical next Wednesday, I will go into my patients room speaking more confidently ensuring to complete my tasks while respecting and being considerate to my patient.
As we talked about during debriefing, this is something your simply learn with time and experience. Noticing that it is an area you would like to improve in is a great first step. I think your plan for next clinical will set you in the right direction. Keep up the hard work! NS

WEEK 4 7A- This week was much different then any other clinical that I have experienced. I had a patient with over 15 different medications that I was able to look into and investigate the reasoning as it why she was taking these meds. I was able to do my first IM injection, saline flush, and also had a chance to do 3 FSBS as well as doing an insulin injection. I enjoyed having the opportunity to perform a multitude of skills for my patient this week. I also was able to properly collect orthostatic vitals on my patient to determine she was positive. All wonderful strengths to note! You ability to perform new skills is certainly worth noting. Additionally, I thought you utilized your time well and thoroughly researched your patient. Keep up that effort each week and your clinical judgement and nursing skills will continue to strengthen! NS

WEEK 4 7B- I feel as if I need to become further comfortable with IM injections, although I was able to successfully inject the medication I felt nervous to do so. My next clinical I will ask my instructor to see if there is an available opportunity for me to do an injection to continuously feel confident. I think that would be a great idea to seek out an opportunity to perform an IM injection. You could also review the content as it has been an entire semester since you've learned it and don't be afraid to seek out faculty for supplies to practice in the skills lab. Even if you don't feel confident performing a skill, be sure to portray confidence to the patient. You may be nervous, but you don't want the patient to sense that as it will heighten their anxiety as well. Overall, I thought you did a nice job. NS

WEEK 5 7A- This week I was able to be a team leader and efficiently manage my time. I had to organize and prioritize my day based on five patients compared to one. I was able to properly discontinue an IV for my first time. I also cared for a patient with a Foley catheter and continually monitored skin integrity and output.

WEEK 5 7B- My weakness for this week would be moving patients. I do not have a lot of experience with using a gait belt and properly moving a heavier set patient from the bed to the chair. My next clinical I will seek an opportunity to use the gait belt on a patient and see if I can work with PT/OT to feel comfortable with helping move a patient. You did a great job as a team leader. I thought you worked through the information appropriately and were able to see what was important for you to know. I think being aware that you need work with transferring is a step in the right direction. This will help to make your PT/OT experience more useful. EW

WEEK 6 7A- This week I was able to improve my documentation skills. I become further through with my charting to make sure I included all details. I also was able to apply mistakes I made on the first day of clinical and ensure I was not continuing my mistakes the following day of clinical.

WEEK 6 7B- My weakness this week was evolving to change. The schedule on the rehab floor initially threw me off balance and I started to feel like I was not fully organized. I become determined to figure out the best way to manage a new schedule. My next clinical I will go into the shift knowing that every day is a different day and things will not follow a plan consistently but at the same time I will be assertive with my confidence as I know what I need to do and can get it done even with change.

Firelands Regional Medical Center School of Nursing
**Medical Surgical Nursing 2020**
**Skills Lab Competency Tool**

| **Skills Lab Competency Evaluation**<br><br>Performance Codes:<br><br>**S**: Satisfactory<br><br>**U**:Unsatisfactory | **Lab Skills** | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | **Week 1** | **Week 1** | **Week 1** | **Week 1** | **Week 1** | **Week 2** | **Week 3** | **Week 10** |
| | **IV Math**<br>(3,7)* | **Assessment**<br>(2,3,4,5,7)* | **Insulin**<br>(2,3,5,7)* | **Lab Day**<br>(1,2,3,4,5,6,7)* | **IV Skills**<br>(2,3,5,7)* | **Trach**<br>(1,2,3,4,5,6,7)* | **EBP**<br>(3,7)* | **Lab Day**<br>(1,2,3,4,5,6,7)* |
| | **Date:**<br>1/6 & 1/8/20 | **Date:**<br>1/7/20 | **Date:**<br>1/7/20 | **Date:**<br>1/9/20 | **Date:**<br>1/10/20 | **Date:**<br>1/15/20 | **Date:**<br>1/21/20 | **Date:**<br>3/20/20 |
| Evaluation: | S | S | S | S | S | S | S | |
| Instructor Initials | DW | DW | DW | DW | DW | EW | DW | |
| **Remediation: Date/Evaluation/Initials** | NA | NA | NA | NA | NA | NA | NA | |

*Course Objectives

**Comments:**

Week 1
(IV Math)-You satisfactorily participated in the IV Math learning session on 1/6/20 as well as the assigned IV Math practice questions and the IV Math Application lab on 1/8/20. KA
(Assessment)- You were able to satisfactorily demonstrate the Basic Head to Toe Assessment during lab. EW/KA/DW
(Insulin)- You were able to correctly prepare an insulin pen and administer subcutaneous insulin. Insulin requirements were accurately identified and calculated through the corrective scale and carbohydrate coverage orders. MD
(Lab Day)- You satisfactorily completed the mandatory lab review of nursing foundational skills. This was achieved through simulating care for a patient in a scenario requiring competency in assessment, communication, medication administration (including PO and IM injection), nasogastric tube insertion and maintenance, patient mobility and hygiene, use of PPE for Contact Isolation, wound care, and foley insertion. NS/LM/MD
(IV Skills)- You have satisfactorily completed IV lab including a saline flush, hanging a primary and secondary IV solution, adjusting a flow rate to run by gravity, discontinuing IV solution, and monitoring the IV site for infiltration, phlebitis, and signs of complication. NS/EW

Week 2
Trach Care & Suctioning- During this lab, you were able to satisfactorily demonstrate competence with tracheostomy care and tracheostomy suctioning. The steps were completed in an appropriate sequence and sterility was maintained. Well done! EW

Week 3
EBP Lab- You actively participated in the online searching process for evidence-based practice literature, as well as reviewing an example article to determine appropriate selection and information needed when summarizing a research article. DW

Firelands Regional Medical Center School of Nursing
Medical Surgical Nursing 2020
Simulation Evaluations

| **vSim Evaluation**<br><br>Peformance Codes:<br><br>**S**: Satisfactory<br><br>**U**: Unsatisfactory | **vSim** | | | | | |
|---|---|---|---|---|---|---|
| | edical-Surgical)Vincent Brody | 6)Juan Carlos (Pharmacology) | ical-Surgical)Marilyn Hughes | edical-Surgical)Stan Checketts | *1, 2, 3, 4, 5, 6) Harry Hadley (Pharmacology) | 4, 5, 6)(Pharmacology)Yoa Li |
| | **Date: 1/27/20** | **Date: 2/10/20** | **Date: 2/24/20** | **Date: 4/13/20** | **Date: 4/23/20** | **Date: 4/27/20** |
| Evaluation | S | | | | | |
| Faculty Initials | DW/NS | | | | | |
| **Remediation: Date/Evaluation/Initials** | NA | | | | | |

* Course Objectives

**EVALUATION OF CLINICAL PERFORMANCE TOOL**
**Medical Surgical Nursing – 2020**

**Firelands Regional Medical Center School of Nursing**
**Sandusky, Ohio**

I was given the opportunity to review my final clinical ratings in each course competency. I was given the opportunity to ask questions about my clinical performance. I have the following comments to make about my clinical performance/final clinical evaluation:

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Student eSignature and Date:

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lm 12/16/19