Jillian Hess, Stacy Orzech, Kalie Voss

1. Exercising the Elderly COPD Patients

2. Liao, L.-Y., Chen, K.-M., Chung, W.-S., & Chien, J.-Y. (2015). Efficacy of a respiratory rehabilitation exercise training package in hospitalized elderly patients with acute exacerbation of COPD: a randomized control trial. *International Journal of COPD*, *2015*(10), 1703–1709. Retrieved from https://www.dovepress.com/efficacy-of-a-respiratory-rehabilitation-exercise-training-package-in--peer-reviewed-article-COPD

3. How long did the patient have to walk to measure exercise tolerance?
   a. 4 minutes
   b. 6 minutes
   c. 8 minutes
   d. 10 minutes

   Answer: B (6minutes)

4.