

Firelands Regional Medical Center School of Nursing  
Nursing Foundations 2019  
Skills Lab Competency Tool

Student Name:  Lauryn Maloney

<b>Skills Lab Competency Evaluation</b>	<b>Lab Skills</b>									
	<b>(2,3,5,8)*Week 2</b>	<b>(2,3,4,5,8)*Week 3</b>	<b>(2,3,4,5,8)*Week 4</b>	<b>(2,3,4,5,8)*Week 5</b>	<b>(1,2,3,4,5,8)*Week 6</b>	<b>(2,3,4,5,8)*Week 7</b>	<b>(2,3,4,5,8)*Week 8</b>	<b>(2,3,4,5,8)*Week 9</b>	<b>(2,3,4,5,6,8)*Week 10</b>	<b>(2,3,4,5,6,7,8)*Week 11</b>
	<b>Date: 9/3-9/6/19</b>	<b>Date: 9/9/19</b>	<b>Date: 9/16/19</b>	<b>Date: 9/23,26/19</b>	<b>Date: 9/30/19</b>	<b>Date: 10/7/19</b>	<b>Date: 10/14,17/19</b>	<b>Date: 10/21/19</b>	<b>Date: 10/28/19</b>	<b>Date: 11/4/19</b>
Performance Codes: S: Satisfactory U: Unsatisfactory										
Evaluation:	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>
Faculty Initials	<b>LM</b>	<b>AR</b>	<b>LM</b>	<b>AR</b>	<b>AR</b>	<b>NS</b>	<b>AR</b>	<b>AR</b>	<b>NS</b>	<b>LM</b>
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>

**\*Course Objectives**

Comments:

**Week 2 (Hand Hygiene; Vital Signs; PPE):**

During lab this week you were able to satisfactorily demonstrate:

- Proper application and removal of personal protective equipment.
- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Appropriate level of skill during guided practice with measurement of temperature (oral, axillary, & rectal), radial pulse, respirations, and pulse oximetry. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! LM

**Week 3 (Vital Signs):** Great job in the lab this week! You satisfactorily completed the vital sign checkoff during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement you accurately obtained two out of four blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. One prompt was needed related to the correct timing during the orthostatic BP procedure. For the future I suggest obtaining more practice with blood pressure measurement along with reviewing the orthostatic BP procedure. Keep up the great work!! AR

**Week 4 (Assessment):** Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex online activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. LM

**Week 5 (Assessment; Mobility):** Great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall very well done. You did require 1 prompt related to palpation of the abdomen as part of each abdominal assessment. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as coarse crackles. Great job! As a reminder, when you are asking the patient's identity always verify by comparing with the name band (you did end up doing this).

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement.

- Vital Signs- documentation is accurate and complete.
- Assessment- Please review the following areas for improvement in the future:
  - Omitted documentation for left ear, nose, throat, and mouth.
  - Omitted documentation for cardiac pacemaker.
  - Omitted documentation of “dysphagia”.
  - Omitted skin assessment documentation.
- Safety- documented “no” for fall sign in bathroom; it should have been documented “yes”.
- Pain- documentation is accurate and complete.

Mobility- You are satisfactory by actively participating in the mobility lab. AR

**Week 6 (Personal Hygiene Skills):** Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the good work! AR

**Week 7 (NG Skills: Insertion, Irrigation, and Removal):** Awesome job in the skills lab this week! You were satisfactory with the following skills: Nasogastric Tube Insertion, Irrigation, and Removal. You did not require any prompts throughout your check-off, great job! You also participated in the PO intake, NG output, and Feeding stations, along with the assigned documentation in Meditech. As a reminder, be sure to "clamp" and "unclamp" the tubing with your hand while connecting/disconnecting You were very thorough and detailed during your check-off and it was evident that you were well-prepared. Keep up the great work in the lab! NS

**Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):** You did a great job in the lab this week and were satisfactory with the following skills: Sterile Glove Application, Foley Catheter Insertion (female), and Foley Catheter Removal. No prompts or reminders were needed!! Excellent job! You maintained the sterile field throughout the Foley insertion, did not contaminate the catheter or your gloves at any point, and had very good communication with your "patient". Great job! You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Oral intake and output station, Output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! AR

Documentation Lab - You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Remember to pay close attention to the date/time of documentation to reflect accurate representation of when the data was collected during assessments. NS/DC/BS

**Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):** You have satisfactorily demonstrated competency in the skill of wound assessment and care (wet to dry dressing change). No prompts were needed!! Your communication was great! You provided adequate patient instruction and ensured patient comfort. Meditech documentation related to wound care was completed. Nice job! AR

**Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):** Satisfactory participation with the following stations: Prioritization, Tube Feeding, Patient Weight,

Restraints, Doppler BP, Meditech documentation, and Patient Scenario involving Safety, Infection Control, Pressure ulcer prevention, and Care Plan Development. Keep up the hard work! NS

**Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):** Satisfactory participation in the following: Patient Scenario's involving discharge planning and focused assessment, and Care Plan Development. Keep up the good work! LM

Medication Lab: Satisfactory participation and performance of the following skills in the medication lab: Oral, IM, SQ, and ID medication administration; performance of IM and ID injections on fellow student; performance of SQ injection on practice sponge; use of and drawing medication out of ampule and vial. LM