

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2019
Skills Lab Competency Tool

Student Name: Hallie Kilbride

Skills Lab Competency Evaluation	Lab Skills									
	(2,3,5,8)*Week 2	(2,3,4,5,8)*Week 3	(2,3,4,5,8)*Week 4	(2,3,4,5,8)*Week 5	(1,2,3,4,5,8)*Week 6	(2,3,4,5,8)*Week 7	(2,3,4,5,8)*Week 8	(2,3,4,5,8)*Week 9	(2,3,4,5,6,8)*Week 10	(2,3,4,5,6,7,8)*Week 11
	Date: 9/3-9/6/19	Date: 9/9	Date: 9/16/19	Date: 9/23,26/19	Date: 9/30/19	Date: 10/7/19	Date: 10/14/19	Date: 10/21/19	Date: 10/28/19	Date: 11/4/19
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	S	S	S	S	S	S	S	S	S	S
Faculty Initials	LM	DC	LM	BS	AR	AR	LM	AR	NS	LM
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE):

During lab this week you were able to satisfactorily demonstrate:

- Proper application and removal of personal protective equipment.
 - Appropriate hand hygiene utilizing hand sanitizer and soap/water.
 - Appropriate level of skill during guided practice with measurement of temperature (oral, axillary, & rectal), radial pulse, respirations, and pulse oximetry. Vital signs skills will be observed 1:1 with faculty during Week 3.
- Keep up the good work! LM

Week 3 (Vital Signs): You satisfactorily completed the vital signs lab this week. You were able to take vital signs and report to me about them. You did require a prompt for the manual blood pressure so I would recommend practicing either in the skills lab or with friends/family. Let me know if you would like some additional support to improve this skill. You also satisfactorily communicated to me about orthostatic blood pressures and the differences in temperature locations (oral, axillary and rectal). Keep up the good work! DC

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex online activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. LM

Week 5 (Assessment; Mobility): Great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic and thorough. You did require 2 prompts related to auscultating the posterior breath sounds, and assessing for the presence of nausea, vomiting, flatus, diarrhea, and constipation. You demonstrated friendly, professional, and informative communication. Great job!

Feedback on documentation this week: Overall you did a great job documenting accurately and completely.

Mobility- You are satisfactory by actively participating in the mobility lab. BS

Week 6 (Personal Hygiene Skills):

Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the good work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal): Overall you did a great job in the lab this week and were satisfactory with the following skills: Nasogastric Tube Insertion, Irrigation, and Removal. Two prompts were given during insertion as a reminder that an xray has to be done to confirm placement of the NG tube prior to inserting anything down it, and to identify the patient with name and date of birth prior to beginning the procedure. You received one prompt during both irrigation and removal as a reminder to verify placement by aspiration of gastric contents along with assessing the cm marking at the nare. You were able to verbalize the difference between irrigation and flushing. You participated in the PO intake, NG output, and Feeding stations, along with the assigned documentation in Meditech. Keep up the great work in the lab! AR

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab): Hallie, you did a great job in the lab this week and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. You only required one prompt during the foley catheter removal skill, remembering to hold onto the catheter at the labia/meatus until it is removed. You correctly obtained the urine sample after placing the STATLOCK appropriately. Great job! You maintained the sterile field throughout the Foley insertion, did not contaminate the catheter or your gloves at any point, had very good communication, and were thorough throughout the observation. Great job! You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Oral intake and output station, Output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! LM

Documentation Lab - You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Remember to pay close attention to the date/time of documentation to reflect accurate representation of when the data was collected during assessments. NS/DC/BS

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry): You have satisfactorily demonstrated competency in the skill of wound assessment and care (wet to dry dressing change). One prompt was needed regarding maintenance of sterility, as you touched the outer edge of the sterile glove package and contaminated your gloves. You were able to remind yourself to pour the sterile saline over the packing gauze prior to putting your sterile gloves on. You provided adequate patient instruction and ensured patient comfort. Meditech documentation related to wound care was completed. Nice job! AR

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development): Satisfactory participation with the following stations: Prioritization, Tube Feeding, Patient Weight, Restraints, Doppler BP, Meditech documentation, and Patient Scenario involving Safety, Infection Control, Pressure ulcer prevention, and Care Plan Development. Keep up the hard work! NS

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab): Satisfactory participation in the following: Patient Scenario's involving discharge planning and focused assessment, and Care Plan Development. Keep up the good work! LM

Medication Lab: Satisfactory participation and performance of the following skills in the medication lab: Oral, IM, SQ, and ID medication administration; performance of IM and ID injections on fellow student; performance of SQ injection on practice sponge; use of and drawing medication out of ampule and vial. LM