

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2019
Skills Lab Competency Tool

Student Name: Alyssa Benfer

<u>Skills Lab</u> <u>Competency Evaluation</u>	Lab Skills									
	(2,3,5,8)*Week 2	(2,3,4,5,8)*Week 3	(2,3,4,5,8)*Week 4	(2,3,4,5,8)*Week 5	(1,2,3,4,5,8)*Week 6	(2,3,4,5,8)*Week 7	(2,3,4,5,8)*Week 8	(2,3,4,5,8)*Week 9	(2,3,4,5,6,8)*Week 10	(2,3,4,5,6,7,8)*Week 11
	Date: 9/3,6/19	Date: 9/9/19	Date: 9/16/19	Date: 9/23,26/19	Date: 9/30/19	Date: 10/7/19	Date: 10/14/19	Date: 10/21/19	Date:	Date:
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	S	S	S	S	S	S	S	S		
Faculty Initials	AR	DC	AR	AR	AR	NS	LM	LM		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA		
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA	NA		

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE):): During lab this week you were able to satisfactorily demonstrate:

- Proper application and removal of personal protective equipment.
 - Appropriate hand hygiene utilizing hand sanitizer and soap/water.
 - Appropriate level of skill during guided practice with measurement of temperature (oral, axillary, & rectal), radial pulse, respirations, and pulse oximetry. Vital signs skills will be observed 1:1 with faculty during Week 3.
- Keep up the good work! AR

Week 3 (Vital Signs): You satisfactorily completed the vital signs lab. You were able to accurately take a manual BP with the correct measurement. You also were able to discuss with me about orthostatic blood pressure and temperature (oral, axillary and rectal). Keep up the good work! DC

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex online activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. AR

Week 5 (Assessment; Mobility): Great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall very well done. You did require 2 prompts related to assessment of orientation and accommodation. You were able to remind yourself to assess for the last BM and to assess the dorsalis pedis and posterior tibial pulses with each assessment. You demonstrated friendly, professional, and informative communication.

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement.

- Vital Signs- documentation is accurate and complete.
- Assessment- documentation is accurate and complete.
- Safety- omitted documenting reason for isolation.
- Pain- documentation is accurate and complete.

Mobility- You are satisfactory by actively participating in the mobility lab. AR

Week 6 (Personal Hygiene Skills): Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the good work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal): Awesome job in the skills lab this week! You were satisfactory with the following skills: Nasogastric Tube Insertion, Irrigation, and Removal. You did not require any prompts throughout your check-off, great job! During the insertion of the NG tube you were able to remind yourself to prepare the tape ahead of time and to apply skin prep to the patient's nose to ensure the tape would stick. You participated in the PO intake, NG output, and Feeding stations, along with the assigned documentation in Meditech. You were very

thorough and detailed during your check-off and it was evident that you were well-prepared. Keep up the great work in the lab! NS

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab): Alyssa, you did a great job in the lab this week and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. You did not require any prompts during all 3 skills! You correctly obtained the urine sample after placing the STATLOCK appropriately. You maintained the sterile field throughout the Foley insertion, did not contaminate the catheter or your gloves at any point, had very good communication, and were thorough throughout the observation. You remembered on your own to check the syringe plunger before attaching the syringe to the catheter during the removal process. Great job! You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Oral intake and output station, Output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! LM

Documentation Lab - You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Remember to pay close attention to the date/time of documentation to reflect accurate representation of when the data was collected during assessments. NS/DC/BS

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry): Alyssa, you have satisfactorily demonstrated competency in the skill of wound assessment and care (wet to dry dressing change). You required one prompt related to picking up the sterile glove wrapping to move it out of the way after putting on your sterile gloves. You remembered on your own to place the water proof pad under the patient. You realized this and verbalized this after removing the dressing. Your communication was great! You provided adequate patient instruction and ensured patient comfort. Meditech documentation related to wound care was completed. Nice job! LM

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):

