

Firelands Regional Medical Center School of Nursing  
Nursing Foundations 2019  
Skills Lab Competency Tool

Student Name: Jillian Hess

<b>Skills Lab Competency Evaluation</b>	<b>Lab Skills</b>									
	<b>(2,3,5,8)*Week 2</b>	<b>(2,3,4,5,8)*Week 3</b>	<b>(2,3,4,5,8)*Week 4</b>	<b>(2,3,4,5,8)*Week 5</b>	<b>(1,2,3,4,5,8)*Week 6</b>	<b>(2,3,4,5,8)*Week 7</b>	<b>(2,3,4,5,8)*Week 8</b>	<b>(2,3,4,5,8)*Week 9</b>	<b>(2,3,4,5,6,8)*Week 10</b>	<b>(2,3,4,5,6,7,8)*Week 11</b>
	<b>Date: 9/3-9/6/19</b>	<b>Date: 9/9/19</b>	<b>Date: 9/16/19</b>	<b>Date: 9/23 &amp; 9/26/19</b>	<b>Date: 9/30/19</b>	<b>Date: 10/7/19</b>	<b>Date: 10/14/19</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>
Evaluation:	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>			
Faculty Initials	<b>LM</b>	<b>AR</b>	<b>LM</b>	<b>LM</b>	<b>AR</b>	<b>AR</b>	<b>LM</b>			
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>			
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>			

**\*Course Objectives**

Comments:

**Week 2 (Hand Hygiene; Vital Signs; PPE):**

During lab this week you were able to satisfactorily demonstrate:

- Proper application and removal of personal protective equipment.
- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Appropriate level of skill during guided practice with measurement of temperature (oral, axillary, & rectal), radial pulse, respirations, and pulse oximetry. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! LM

**Week 3 (Vital Signs):** Great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement you accurately obtained two out of three blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Two prompts were needed related to the correct timing during the orthostatic BP procedure and how to assess which arm to use throughout the procedure. For the future I suggest reviewing the orthostatic BP procedure. Remember to always verify the patients name and date of birth by looking at the name band. Keep up the great work!! AR

**Week 4 (Assessment):** Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex online activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. LM

**Week 5 (Assessment; Mobility):** Jillian, great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall very well done. You did require 1 prompt related to questioning the patient about chest symptoms and abnormalities. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as coarse crackles and the bowel sounds as hyperactive. Great job!

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement. You can refer to the Meditech documentation binder in the computer lab to retrieve this information.

- Vital Signs- documentation is accurate and complete.
- Assessment- under cardiovascular you charted within defined parameters as “Yes” and it should have been marked “No” because the patient is on telemetry and did not meet all of the criteria to mark Yes.
- Safety- you had documented chair alarm “on” and this should have been marked “off”.
- Pain- you corrected a misspelling and added ‘relaxation techniques’ to the management techniques used to relieve pain.

Mobility- You are satisfactory by actively participating in the mobility lab. LM

**Week 6 (Personal Hygiene Skills):** Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD’s, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the good work! AR

**Week 7 (NG Skills: Insertion, Irrigation, and Removal):** Overall you did a great job in the lab this week and were satisfactory with the following skills: Nasogastric Tube Insertion, Irrigation, and Removal. One prompt was given during insertion as a reminder to assess the patency of the nares prior to tube insertion. During irrigation you were able to remind

yourself to verify tube placement prior to beginning the procedure. Some reminders for the future: be careful not to contaminate the NG tube when measuring, etc. by allowing it to drag on the bed; be sure to “clamp” and “unclamp” the tubing in your hand when connecting/disconnecting; always verify the patients name and date of birth by looking at the name band. You were able to verbalize the difference between irrigation and flushing. You participated in the PO intake, NG output, and Feeding stations, along with the assigned documentation in Meditech. Keep up the great work in the lab! AR

**Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):** Jillian, you did a great job in the lab this week and were satisfactory with the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal. You only required one prompt during the foley catheter removal skill. Remember to move the plunger on the 10 mL syringe up and down to loosen and pull back on the plunger to 0.5 mL. You correctly obtained the urine sample after placing the STATLOCK appropriately. You maintained the sterile field throughout the Foley insertion, did not contaminate the catheter or your gloves at any point, had very good communication, and were thorough throughout the observation. You remembered on your own to check the syringe plunger before attaching the syringe to the catheter during the removal process. Great job! You correctly verbalized the differences in catheter insertion for a male patient. You independently completed the Oral intake and output station, Output station, and Meditech documentation for Urinary Catheter Management and I & O. Keep up the great work!!! LM Documentation Lab - You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Remember to pay close attention to the date/time of documentation to reflect accurate representation of when the data was collected during assessments. NS/DC/BS

**Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):**

**Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):**

**Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):**

