

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2019
Skills Lab Competency Tool

Student Name: __Sydney Green_____

Skills Lab Competency Evaluation	Lab Skills									
	(2,3,5,8)*Week 2	(2,3,4,5,8)*Week 3	(2,3,4,5,8)*Week 4	(2,3,4,5,8)*Week 5	(1,2,3,4,5,8)*Week 6	(2,3,4,5,8)*Week 7	(2,3,4,5,8)*Week 8	(2,3,4,5,8)*Week 9	(2,3,4,5,6,8)*Week 10	(2,3,4,5,6,7,8)*Week 11
	Date: 9/3,6/19	Date: 9/9/19	Date: 9/16/19	Date: 9/23,26/19	Date: 9/30/19	Date: 10/7/19	Date: 10/14/19	Date:	Date:	Date:
Performance Codes: S: Satisfactory U:Unsatisfactory										
Evaluation:	S	S	S	S	S	S	U			
Faculty Initials	AR	DC	AR	BS	AR	NS	LM			
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA				
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA				

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Proper application and removal of personal protective equipment.
- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Appropriate level of skill during guided practice with measurement of temperature (oral, axillary, & rectal), radial pulse, respirations, and pulse oximetry. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs): You satisfactorily completed the vital signs lab this week. You were able to take vital signs and report to me about them. You did require a prompt for the manual blood pressure so I would recommend practicing either in the skills lab or with friends/family. Let me

know if you would like some additional support to improve this skill. You also satisfactorily communicated to me about orthostatic blood pressures and the differences in temperature locations (oral, axillary and rectal). Keep up the good work! DC

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex online activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. AR

Week 5 (Assessment; Mobility): Great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic and thorough. You did require 2 prompts related to assessing the sensation of extremities (presence of numbness, tingling, burning, etc.) and assessing the patient's urine color and appearance. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as crackles. Great job! As a reminder, when you are asking the patient's identity always verify by comparing with the name band.

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement.

- Vital Signs- documentation is accurate and complete.
- Assessment- documentation was incomplete for the left ear, and the respiratory assessment regarding the posterior lower lobe. You had documentation under "heart rhythm" which should have been left blank. You omitted charting for the duration of nausea and vomiting.
- Safety- documentation is accurate and complete.
- Pain- you omitted the "physician notification and orders received" section from your documentation.

Mobility- You are satisfactory by actively participating in the mobility lab. BS

Week 6 (Personal Hygiene Skills): Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the good work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal): Awesome job in the skills lab this week! You were satisfactory with the following skills: Nasogastric Tube Insertion, Irrigation, and Removal. One prompt was given to obtain an x-ray to confirm placement with the insertion of a NG tube. You were able to remind yourself to label the irrigation equipment

with the patient's name, room number, initials, date/time, and purpose. You were able to verbalize the difference between irrigation and flushing. You also participated in the PO intake, NG output, and Feeding stations, along with the assigned documentation in Meditech. You were thorough and detailed during your check-off and it was evident that you came to lab prepared. Keep up the great work in the lab! NS

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab): Sydney, after reviewing the checklists for the 3 skills you were to demonstrate this week, I feel as though you were not prepared to complete each skill step-by-step. In order to obtain a satisfactory grade for the following skills: Application of Sterile Gloves, Foley Catheter Insertion (female), and Foley Catheter Removal, you need to feel confident and comfortable in completing these skills. There were several steps that you omitted throughout the process. You were uncertain about the process. You will need to remediate in all 3 skills. Please practice over the next several days. I would like you to demonstrate the application of sterile gloves, foley catheter insertion, and foley catheter removal for me next Tuesday, October 22nd, after the clinical orientation. Please let me know if this date will work for you. I want you to feel comfortable performing these skills. Lora

Documentation Lab – You have satisfactorily completed the documentation lab by actively participating in Meditech documentation related to vital signs, physical re-assessment, safety and falls, pain assessment, patient rounds, TED hose/SCD/Ace wrap, feeding method, Intake and Output, urinary catheter management, and writing a nurse note. You utilized your time wisely, asked appropriate questions, and gained experience with each intervention listed. Remember to pay close attention to the date/time of documentation to reflect accurate representation of when the data was collected during assessments. NS/DC/BS

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):

