

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2019
Skills Lab Competency Tool

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Skills Lab Competency Evaluation	Lab Skills									
	(2,3,5,8)*Week 2	(2,3,4,5,8)*Week 3	(2,3,4,5,8)*Week 4	(2,3,4,5,8)*Week 5	(1,2,3,4,5,8)*Week 6	(2,3,4,5,8)*Week 7	(2,3,4,5,8)*Week 8	(2,3,4,5,8)*Week 9	(2,3,4,5,6,8)*Week 10	(2,3,4,5,6,7,8)*Week 11
	Date: 9/3,6/19	Date: 9/9/19	Date: 9/16/19	Date: 9/23,26/19	Date: 9/30/19	Date: 10/7/19	Date:	Date:	Date:	Date:
Performance Codes: S: Satisfactory U: Unsatisfactory										
Evaluation:	S	S	S	S	S	S				
Faculty Initials	AR	DC	AR	AR	AR	AR				
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA				
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA				

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Proper application and removal of personal protective equipment.
- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Appropriate level of skill during guided practice with measurement of temperature (oral, axillary, & rectal), radial pulse, respirations, and pulse oximetry. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs): During this lab you were able to satisfactorily obtain the patient's vital signs and answer questions concerning axillary and rectal temperature as well as orthostatic blood pressures. Continue to practice with manual blood pressures. The more you practice, the easier it

will be. I would also recommend reviewing orthostatic blood pressures – especially signs and symptoms of orthostatic hypotension. Overall, you did a nice job!! DC

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex online activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. AR

Week 5 (Assessment; Mobility): Great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall very well done. You did require 2 prompts related to completing a thorough pain assessment and questioning the patient about chest and abdominal symptoms and abnormalities. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as coarse crackles and the bowel sounds as hyperactive. Great job! As a reminder, when you are asking the patient's identity always verify by comparing with the name band.

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement.

- Vital Signs- documentation is accurate and complete.
- Assessment- under respiratory you omitted documentation on chest shape and chest expansion.
- Safety- documentation is accurate and complete.
- Pain- you omitted “relaxation techniques” from your documentation.

Mobility- You are satisfactory by actively participating in the mobility lab. AR

Week 6 (Personal Hygiene Skills): Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the good work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal): Overall you did an excellent job in the lab this week and were satisfactory with the following skills: Nasogastric Tube Insertion, Irrigation, and Removal. One prompt was given during insertion as a reminder to assess for any medical history contradicting NG placement. During both irrigation and removal you were able to remind yourself to verify placement by aspiration of gastric contents along with assessing the cm marking at the nare. As a reminder, be sure to “clamp” and “unclamp” the tubing with your hand

while connecting/disconnecting. You were able to verbalize the difference between irrigation and flushing. You participated in the PO intake, NG output, and Feeding stations, along with the assigned documentation in Meditech. Keep up the great work in the lab! AR

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):