

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2019
Skills Lab Competency Tool

Student Name: _____ Rachel Kohler _____

Skills Lab Competency Evaluation	Lab Skills									
	(2,3,5,8)*Week 2	(2,3,4,5,8)*Week 3	(2,3,4,5,8)*Week 4	(2,3,4,5,8)*Week 5	(1,2,3,4,5,8)*Week 6	(2,3,4,5,8)*Week 7	(2,3,4,5,8)*Week 8	(2,3,4,5,8)*Week 9	(2,3,4,5,6,8)*Week 10	(2,3,4,5,6,7,8)*Week 11
	Date: 9/3-4/19	Date: 9/11/19	Date: 9/18/19	Date: 9/25-2 6/19	Date: 10/2/19	Date:	Date:	Date:	Date:	Date:
Performance Codes:										
S: Satisfactory										
U:Unsatisfactory										
Evaluation:	S	S	S	S	S					
Faculty Initials	AR	AR	AR	NS	AR					
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA					
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA					

***Course Objectives**

Comments:

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Proper application and removal of personal protective equipment.
- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Appropriate level of skill during guided practice with measurement of temperature (oral, axillary, & rectal), radial pulse, respirations, and pulse oximetry. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! AR

Week 3 (Vital Signs): Great job in the lab this week! You satisfactorily completed the vital sign checkoff during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement you

accurately obtained two out of three blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Keep up the great work!! AR

Week 4 (Assessment): Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex online activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. AR

Week 5 (Assessment; Mobility): Excellent job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall very well done. You only required one prompt related inspecting facial symmetry by having the patient smile and raise their eyebrows. It was clear that you were well-prepared. You demonstrated professional and informative communication with the patient throughout your assessment. Great job, keep up the hard work!

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are two minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement.

- Vital Signs- documentation is accurate and complete.
- Assessment- Need to address the left ear as normal, add the comment “entire left upper extremity” for edema under the cardiovascular assessment. Add “yes” to female reproductive assessment being within normal parameters.
- Safety- documentation was accurate and complete.
- Pain- Need to add associated symptoms.

Mobility- You are satisfactory by actively participating in the mobility lab. NS

Week 6 (Personal Hygiene Skills): Satisfactory with personal hygiene, making an occupied bed, shaving, oral care, hearing aide care, application of ace wraps, TED Hose, and SCD's, and clinical readiness scenario during guided practice, along with Meditech Expanse Test Hospital documentation. Keep up the good work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal):

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):

Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):

Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):

Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):