

Firelands Regional Medical Center School of Nursing  
Nursing Foundations 2019  
Skills Lab Competency Tool

Student Name: Jillian Hess

<b>Skills Lab Competency Evaluation</b>	<b>Lab Skills</b>									
	<b>(2,3,5,8)*Week 2</b>	<b>(2,3,4,5,8)*Week 3</b>	<b>(2,3,4,5,8)*Week 4</b>	<b>(2,3,4,5,8)*Week 5</b>	<b>(1,2,3,4,5,8)*Week 6</b>	<b>(2,3,4,5,8)*Week 7</b>	<b>(2,3,4,5,8)*Week 8</b>	<b>(2,3,4,5,8)*Week 9</b>	<b>(2,3,4,5,6,8)*Week 10</b>	<b>(2,3,4,5,6,7,8)*Week 11</b>
Performance Codes: S: Satisfactory U: Unsatisfactory	<b>Date: 9/3-9/6/19</b>	<b>Date: 9/9/19</b>	<b>Date: 9/16/19</b>	<b>Date: 9/23 &amp; 9/26/19</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>
Evaluation:	<b>S</b>	<b>S</b>	<b>S</b>	<b>S</b>						
Faculty Initials	<b>LM</b>	<b>AR</b>	<b>LM</b>	<b>LM</b>						
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>						
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>						

**\*Course Objectives**

Comments:

**Week 2 (Hand Hygiene; Vital Signs; PPE):**

During lab this week you were able to satisfactorily demonstrate:

- Proper application and removal of personal protective equipment.
- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Appropriate level of skill during guided practice with measurement of temperature (oral, axillary, & rectal), radial pulse, respirations, and pulse oximetry. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! LM

**Week 3 (Vital Signs):** Great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement you accurately obtained two out of three blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Two prompts were needed related to the correct timing during the orthostatic BP procedure and how to assess which arm to use throughout the procedure. For the future I suggest reviewing the orthostatic BP procedure. Remember to always verify the patients name and date of birth by looking at the name band. Keep up the great work!! AR

**Week 4 (Assessment):** Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex online activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. LM

**Week 5 (Assessment; Mobility):** Jillian, great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall very well done. You did require 1 prompt related to questioning the patient about chest symptoms and abnormalities. You demonstrated friendly, professional, and informative communication. You were able to correctly identify the lung sounds as coarse crackles and the bowel sounds as hyperactive. Great job!

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some minor areas for improvement. Overall you did a great job! Please take some time to pull your documentation back up and review the following details for improvement. You can refer to the Meditech documentation binder in the computer lab to retrieve this information.

- Vital Signs- documentation is accurate and complete.
- Assessment- under cardiovascular you charted within defined parameters as “Yes” and it should have been marked “No” because the patient is on telemetry and did not meet all of the criteria to mark Yes.
- Safety- you had documented chair alarm “on” and this should have been marked “off”.
- Pain- you corrected a misspelling and added ‘relaxation techniques’ to the management techniques used to relieve pain.

Mobility- You are satisfactory by actively participating in the mobility lab. LM

**Week 6 (Personal Hygiene Skills):**

**Week 7 (NG Skills: Insertion, Irrigation, and Removal):**

**Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):**

**Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):**

**Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):**

**Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):**