

Firelands Regional Medical Center School of Nursing  
Nursing Foundations 2019  
Skills Lab Competency Tool

Student Name: Jillian Hess

<b>Skills Lab Competency Evaluation</b>	<b>Lab Skills</b>									
	<b>(2,3,5,8)*Week 2</b>	<b>(2,3,4,5,8)*Week 3</b>	<b>(2,3,4,5,8)*Week 4</b>	<b>(2,3,4,5,8)*Week 5</b>	<b>(1,2,3,4,5,8)*Week 6</b>	<b>(2,3,4,5,8)*Week 7</b>	<b>(2,3,4,5,8)*Week 8</b>	<b>(2,3,4,5,8)*Week 9</b>	<b>(2,3,4,5,6,8)*Week 10</b>	<b>(2,3,4,5,6,7,8)*Week 11</b>
	<b>Date: 9/3-9/6/19</b>	<b>Date: 9/9/19</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>	<b>Date:</b>
Performance Codes: S: Satisfactory U: Unsatisfactory										
Evaluation:	<b>S</b>	<b>S</b>	<b>S</b>							
Faculty Initials	<b>LM</b>	<b>AR</b>	<b>LM</b>							
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>							
<b>Remediation: Date/Evaluation/Initials</b>	<b>NA</b>	<b>NA</b>	<b>NA</b>							

**\*Course Objectives**

Comments:

**Week 2 (Hand Hygiene; Vital Signs; PPE):**

During lab this week you were able to satisfactorily demonstrate:

- Proper application and removal of personal protective equipment.
  - Appropriate hand hygiene utilizing hand sanitizer and soap/water.
  - Appropriate level of skill during guided practice with measurement of temperature (oral, axillary, & rectal), radial pulse, respirations, and pulse oximetry. Vital signs skills will be observed 1:1 with faculty during Week 3.
- Keep up the good work! LM

**Week 3 (Vital Signs):** Great job in the lab this week! You satisfactorily completed the vital sign check off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure measurement you accurately obtained two out of three blood pressure results on the Vital Sim manikin. You were able to verbally discuss the following measurements: axillary and rectal temperature along with orthostatic blood pressure. Two prompts were needed related to the correct timing during the orthostatic BP procedure and how to assess which arm to use throughout the procedure. For the future I suggest reviewing the orthostatic BP procedure. Remember to always verify the patients name and date of birth by looking at the name band. Keep up the great work!! AR

**Week 4 (Assessment):** Satisfactory with head to toe assessment guided practice, hand-off report activity, and Micromedex online activity. You will be observed 1:1 for Head to Toe Assessment competency during Week 5. LM

**Week 5 (Assessment; Mobility):**

**Week 6 (Personal Hygiene Skills):**

**Week 7 (NG Skills: Insertion, Irrigation, and Removal):**

**Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; Documentation Lab):**

**Week 9 (Dressing Change: Dry Sterile, Sterile Wet to Dry):**

**Week 10 (Safety; Infection Control; Prioritization; Tube Feeding; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP; Care Plan Development):**

**Week 11 (Case Scenario; Care Plan Development; Medication Lab; Open Lab):**