

Poster Title: Foot Massages and Neuropathy

APA reference:

Gok Metin, Z., Arikan Donmez, A., Izgu, N., Ozdemir, L., & Arslan, I. E. (2017). Aromatherapy massage for neuropathic pain and quality of life in diabetic patients. *Journal of Nursing Scholarship*, 49(4), 379-388. doi:10.1111/jnu.12300

Multiple Choice Question:

What is a nonpharmacologic nursing intervention for patients suffering from neuropathy?

- a. Wiggling the feet and toes
- b. Stress balls for the hands or continuous foot exercises
- c. **Foot massages using aromatherapy**
- d. Propping up the feet and flexing fingers