

EBP- “From Sink to Stomach”

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Multiple Choice Question:

According to the article discussing the use of tap water versus normal saline for enteral feeding tube flushes, tap water is generally considered safe. In which situation would it NOT be safe to use tap water for flushing an enteral feeding tube?

- A. When the facility has documented concerns about the safety or quality of its water supply
- B. When the patient is receiving continuous enteral feedings on a medical-surgical unit
- C. When the patient is tolerating bolus tube feedings without complications
- D. When the patient is discharged home with caregiver education on tube flushes

Correct Answer: A

□ Rationale:

The article states, “ASPEN recommends using sterile water to flush immunocompromised or critically ill patients’ enteral tubes when there is a water safety concern. It notes that its recommendations are intended to be interpreted and applied based on an institutions policy and patients’ circumstances.”

Pg. 47, paragraph 2-3

Blondin, M-E. (2024, December). Using tap water for enteral tube flushes. American Journal of Nursing, 124(12), 46-49. <https://doi.org/10.1097/01.NAJ.0001095232.43682.18>