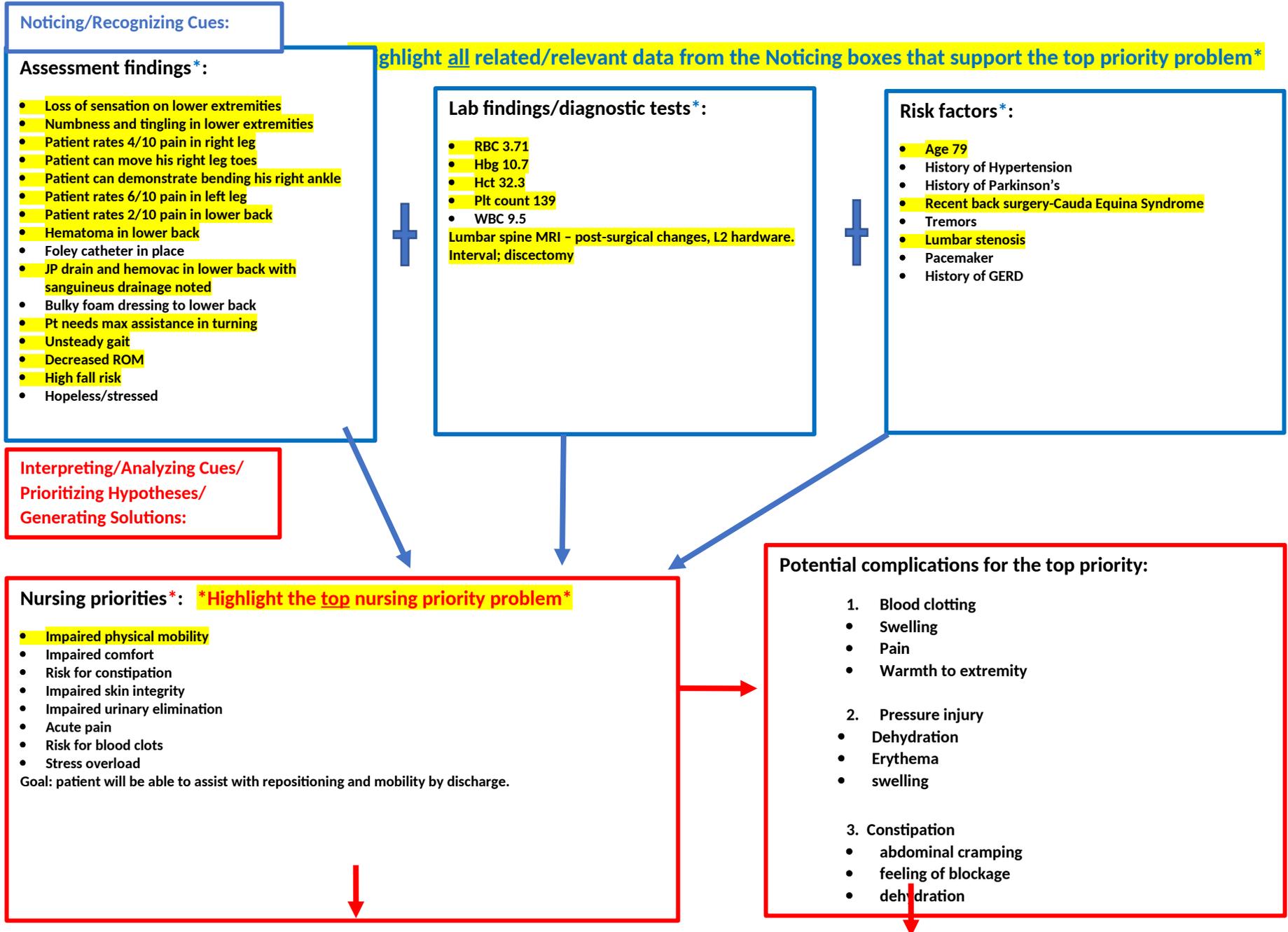


**Firelands Regional Medical Center School of Nursing
Nursing Care Map**

Student Name: Rylee Bollenbacher

Date _____



Highlight all related/relevant data from the Noticing boxes that support the top priority problem*

Highlight the top nursing priority problem

Responding/Taking Actions:

Nursing interventions for the top priority:

1. **Assess vital signs q4h PRN**
Rationale: To check if patient's vital signs are stable.
 2. **Assess pain q4h PRN**
Rationale: To check if patient has any new pain or pain has worsened from before.
 3. **Assess patients feeling of sensation on lower extremities q4h PRN**
Rationale: To see if patient has improvement in the sensation in his legs
 4. **Assess for any skin breakdown q4h PRN**
Rationale: To make sure patient isn't developing any pressure ulcers.
 5. **Assess JP drain and Hemovac drainage q4h PRN**
Rationale: To make sure that it is sanguinous drainage.
 6. **Assess urinary catheter drainage q4h PRN**
Rationale: To make sure to calculate the output and assess the color of urination.
 7. **Apply TED hose q8h PRN**
Rationale: To help decrease the chance of blood clots.
 8. **Monitor RBCs, Hgb, Hct, Plt count and Wbc labs q4h PRN**
Rationale: To make sure patients labs are improving.
 9. **Turn and reposition q2h PRN**
Rationale: To avoid the patient developing any pressure ulcers.
 10. **Encourage patient to try to perform leg and arm exercises q2h PRN**
Rationale: To help prevent blood clots and help promote mobility.
 11. **Educate the patient on the importance of taking in protein q4h PRN**
Rationale: To help strength tissues to decrease the chances of blood clot formation.
 12. **Educate the importance of turning and repositioning q4h PRN**
Rationale: To decrease the chance of blood clots.
 13. **Educate patient on how to use a walker q4h PRN**
Rationale: To prevent injury of patient and decrease the risk of falls.
- 

Reflecting/Evaluate Outcomes:

Evaluation of the top priority:

- Patient states 3/10 pain in right leg
- Patient states 5/10 pain in right leg
- Patient able to move toes and demonstrate bending his right ankle.
- Patient states 1/10 pain in lower back
- Numbness and tingling in lower extremities
- Improvement of sensation in lower extremities
- WBC: 10.7
- RBC: 2.95
- Hgb: 8.6
- Hct: 25.8
- Plt: 143
- Hematoma in lower back with sanguinous drainage noted
- Patient needs max assist in turning
- High fall risk
- Decreased range in motion

Continue Plan Of Care

(Doenges et al., 2022)

Reference: Doenges, M. E., Moorhouse, M. F., & Murr, A. C. (2022). Nurse's pocket guide: Diagnoses, prioritized interventions, and rationales (16th ed). F. A. David Company: Skyscape Medpresso, Inc.