

Student Name:

Firelands Regional Medical Center School of Nursing

Nursing Foundations

Online Bowel Elimination Assignment

Which patient story video did you watch?

I watched both videos.

1.) What lifestyle changes may occur as a result of ostomy/bowel diversion surgery?

One must change their diets at least for a short while, until their bodies acclimate to the changes that it is going through, and may have lifetime changes in their diets.

Toileting habits are completely changed for someone with an ostomy/bowel diversion. Even those that are reversible.

The person's family also goes through live changes as they watch their loved one adapt to their new way of life. And they may be the one who helps their loved one with accepting the changes and assisting them with changing their ostomy bags.

2.) What are some psychosocial/emotional needs for patients with a new ostomy?

The person may think they will have a difficult time with others accepting them as they are.

Most people go through a personal psychological crisis about their body image.

Emotionally, the person with the new ostomy has to come to grips with the changes in their body and their perception of their body image.

Even though I don't have personal experience I think it might be difficult to meet new people for fear of odor from stool and flatus.

