

Skills Lab Competency Evaluation Performance Codes: S: Satisfactory U:Unsatisfactory	Lab Skills										
	Week 1 (4)*	Week 2 (2,3,5,8)*	Week 3 (2,3,4,5,8)*	Week 4 (2,3,4,5,8)*	Week 5 (2,3,4,5,8)*	Week 6 (1,2,3,4,5,8)*	Week 7 (2,3,4,5,8)*	Week 8 (2,3,4,5,8)*	Week 9 (2,3,4,5,8)*	Week 10 (2,3,4,5,6,8)*	Week 11 (2,5,7)*
	Date: 8/18/2025	Date: 8/27/2025	Date: 9/4/2025	Date: 9/11/2025	Date: 9/16/2025 9/18/2025	Date: 9/23/2025	Date: 9/30/2025	Date:	Date:	Date:	Date:
Evaluation:	S	S	S	S	S	S	S				
Faculty Initials	HS	HS	BL	HS	HS	AR	CB				
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA				
Remediation: Date/Evaluation/Initials	NA	NA	NA	NA	NA	NA	NA				

*Course Objectives

Firelands Regional Medical Center School of Nursing
Nursing Foundations 2025
Skills Lab Competency Tool

Student Name: Kaylee Altomare

Comments:

Week 1 (Technology Lab): During this lab you were able to satisfactorily navigate:

- Edvance360 Learning Management System.
- Skyscape Resource System.
- Assessment Technologies Institute (ATI) / Shadow Health.
- Guided tour of library and computer lab. HS

Week 2 (Hand Hygiene; Vital Signs; PPE): During lab this week you were able to satisfactorily demonstrate:

- Appropriate hand hygiene utilizing hand sanitizer and soap/water.
- Accurate verbalization of procedure for donning & doffing PPE.

Appropriate level of skill during guided practice with measurement of radial and brachial pulses, along with manual blood pressure. Vital signs skills will be observed 1:1 with faculty during Week 3. Keep up the good work! HS

Week 3 (Vital Signs):

Great job in lab this week! You successfully completed the vital signs check-off during 1:1 observation, including oral temperature, radial pulse, respiratory rate, pulse oximetry, and blood pressure measurement. During the blood pressure assessment, you accurately obtained two consecutive readings on the Vital Sim manikin. The first measurement was set at 154/70, and you recorded it as 150/70—within the acceptable range for accuracy. The second measurement was set at 110/68, and you interpreted it as 112/66, also well within the desired range. In addition, you demonstrated strong knowledge by verbally discussing axillary and rectal temperature measurement, as well as orthostatic vital sign assessment. You required no prompting throughout the check-off and communicated clearly and appropriately with the “patient.” Your documentation was thorough and accurate for the vital signs; however, you omitted the written note that was supposed to be linked. Be sure to take some time to review this documentation next time you are in lab. Overall, excellent work—keep it up! BL

Week 4 (Assessment):

Satisfactory with head to toe assessment guided practice, hand-off report activity, Lexicomp/Intranet navigation activity, and the assessment/safety activity utilizing your clinical judgment skills. Great job! You will be observed 1:1 for Head to Toe Assessment competency during Week 5. HS

Week 5 (Assessment; Mobility): Great job in lab this week! You have satisfactorily demonstrated a basic head to toe assessment in the skills lab. Your approach was systematic, thorough, and overall well done. You did require 2 prompts related to obtaining vital signs, and assessing ROM in the lower extremities. You demonstrated friendly, professional, and informative communication. Great job! HS

Feedback on documentation this week: With this being the first time that you fully documented these interventions, there are some areas for improvement. You did a good job, overall, with your Meditech documentation. You documented on the interventions listed below; however, some areas were inaccurate and omitted. Please review each area of documentation within the next two weeks so you can examine areas that were omitted. I want you to feel comfortable and confident with Meditech documentation.

- **Pain-** Documentation complete and accurate.
- **Vital signs-** due to the patient not requiring oxygen, no documentation is needed for if the oxygen is humidified.

- **Safety-** Documentation complete and accurate.
- **Physical reassessment-** HEENT – omitted right ear hearing difficulty. Respiratory- documented lung sounds bilateral anterior/posterior throughout and inspiratory and expiratory wheezes and rhonchi, it should be just expiratory. Cardiovascular- omitted left radial pulse method of palpation; omitted edema note- toes to knee bil. and the entire left upper extremity. Integumentary- omitted left shoulder problem. Gastrointestinal- omitted use of daily bowel movements aids used; documented “unwitnessed to emesis and it should be “witnessed”; documented non-distended and distended abdomen and it should be firm and distended.

Mobility Lab 9/18/2025: Satisfactory completion of mobility lab through demonstration of the following: Logrolling/turning a patient, lifting a patient in bed, repositioning from lying to sitting, repositioning from sitting to standing, stand/pivot transfer from a bed to a chair, ambulating with a walker, ambulating with crutches, ambulating with a cane, use of a gait belt, and safe use of a wheelchair. Proper body mechanics were utilized to promote safety for the health care worker and the patient. Great job with active participation throughout the duration of the lab. HS

Week 6 (Personal Hygiene Skills):

Satisfactory with patient hygiene, making an occupied bed, shaving, oral care, hearing aid care, application of ace wraps, TED Hose/SCD's, and clinical readiness scenario during guided practice. Completed Meditech documentation for Hygiene and Ted Hose. Keep up the great work! AR

Week 7 (NG Skills: Insertion, Irrigation, and Removal; Feedings):

Great job this week in lab demonstrating competence for Nasogastric Tube Insertion, Irrigation, and Removal through 1:1 observation. You are satisfactory in all NG skills. You did not require any prompts for the insertion, irrigation, or removal of the NG tube. Excellent patient education provided! You were able to practice administering intermittent tube feeding using the gravity method while also confirming tube placement with gastric residual. Additionally, you participated in the PO intake station for accurate calculation of carbohydrate intake, accurately measured gastric output through the NG tube, practiced assisting a visually impaired patient with their meal, and completed the assigned documentation in Meditech. Keep up the hard work! CB

Week 8 (Foley Skills: Insertion, Removal; Sterile Gloves; I&O, Documentation Lab):

Week 9 (Wound Care: Dry Sterile, Damp to Dry Packed, Stoma Skills):

Week 10 (Safety; Infection Control; Prioritization; Weight; Pressure Ulcer Prevention; Soft Restraints; Doppler BP):

Week 11 (Medication Lab):

7/8/2025