

Firelands Regional Medical Center School of Nursing
Maternal Child Nursing

**St Mary's Safety and Health Activity Fair Rubric and Outline
October 9, 2025**

Objective:

- Provide developmentally appropriate education to a specific pediatric population. (1,2,5)*

*Course Objectives

Directions: For this clinical experience, each group of 3-4 students will sign up for one activity topic. This topic will be presented to St. Mary's Catholic School grades Kindergarten through 5th grade on **October 9, 2025** from 0815-1430. There will be a one-hour lunch from 1100-1200 where you will be required to stay on site for the duration of the break. Each group will divide the presentation material equally among the members and create an outline to submit in the St. Mary's Safety and Health Activity Fair Outline Dropbox on **September 2, 2025 at 0800**. A meeting with your assigned faculty will be on **September 15, 2025** after class to discuss the progress and needs for your topic.

Each presentation will be 10-15 minutes in length with time for questions at the end. You will be given this presentation multiple times throughout the day and will rotate to each classroom with your supplies. **At the end of the clinical experience at St. Mary's Catholic School, each group is required to return ALL items to the SON immediately following the presentations.**

An orientation to the St. Mary's School will be **September 29, 2025** from 1230-1400. With this orientation, half of the groups will attend a walk-through orientation at St. Mary's while the other half of the groups will be making goodie bags for the students. The groups will switch after about 45 minutes.

The St Mary's Safety and Health Activity Fair presentation requirements are below. **You are required to wear your Firelands warm-up jacket, solid white or black shirt, and khakis.** The presentation will count as clinical time. A 90% or higher must be achieved to receive credit for clinical time. For any student not completing this project with a 90% or higher, credit will not be granted for the clinical time and will follow the Student Accountability Flow Sheet.

| Possible | Earned | Requirements |
|----------|--------|--|
| 10 | | Outline of presentation and list of needed supplies to be completed and submitted to the St. Mary's Activity Fair Dropbox. Due September 2, 2025 at 0800 . |
| 10 | | Presentation Aid (i.e. Poster, PowerPoint, Handout, etc.) made related to your content. Be creative! Presentation should include 1 activity for the learners to participate in (i.e. game, practice demonstration, role play, etc.). |
| 10 | | St. Mary's Orientation completed on September 29, 2025 from 1230-1400 . |
| 10 | | Be creative and utilize the concepts of growth and development to ensure the activity is developmentally appropriate for ages K-2 nd and 3 rd -5 th . |
| 10 | | All required changes made prior to St Mary's Safety and Health Activity Fair. |
| 10 | | Utilizes current and reputable resources to develop presentation (i.e. ODH, AHA, MyPlate, Board of Education, Skyscape, CDC, etc.). |
| 20 | | Complete St Mary's Safety and Health Activity Fair Presentation on October 9, 2025 . |
| 10 | | Incorporate the core values of caring, diversity, excellence, integrity, and |

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| | | “ACE”- attitude, commitment, and enthusiasm throughout the group process. |
| 10 | | Actively participates throughout the entire process. |
| 100 | | |

Outline Group Form

Directions: Please answer the following questions, typing your response in the space provided. This document is due in the Dropbox labeled **St. Mary’s Safety and Health Activity Fair Outline** by **Tuesday 9/2/25 at 0800**. An in-person meeting with faculty will be on **9/15/25** after quiz review.

1. What activity will your group be leading during the presentation and activity to the St. Mary’s students? Give a detailed outline of your presentation and activity, and explain how your group plans on running the presentation and activity.

We will be leading a kid-friendly activity based on how to recognize cues and then perform CPR and the Heimlich maneuver if ever needed. We will provide each kid with the handout, and they can follow along during the presentation (blown up poster board of handout). The activity part of the presentation will involve stuffed animals and a play phone. The stuffed animals will be used to show physical and emotional symptoms of someone that would require CPR or the Heimlich maneuver, along with demonstrating those actions appropriately. The play phone will be for the kids to practice getting ahold of help including dialing 911 and other appropriate adults.

2. Describe the responsibility and part of the presentation and activity of each group member. (List each person individually with their responsibility).

For the presentation portion of the poster and handout Nevaeh will be covering what CPR is, cues, when to react, and how to perform. Arabella will cover the Heimlich maneuver, what it is, cues, when to react, and how to perform. Kayli will cover additional information including how to call for help and navigate calling 911 for additional help. Isabella will be demonstrating with the stuffed animals on cues (signs and symptoms), how to perform the life saving measures, and how to navigate calling for help. The students will then get the opportunity to participate in the activity that is demonstrated. We will all take turns presenting and demonstrating each education topic.

3. How will this presentation and activity benefit the students at St. Mary’s?

This presentation will benefit the students by making them more aware of their surroundings and knowing how to respond. This activity will provide the students with information on when and how to call for help along with how to respond. For example, if they notice a student choking or unresponsive.

4. Describe how your group will adjust the presentation and activity for grades Kindergarten-2nd and 3rd-5th. What challenges do you anticipate between the age groups?

An adjustment that we are making when presenting to K-2nd grade students is focusing on being able to recognize signs and symptoms of medical emergencies and how to respond by calling for help. Focusing on recognizing and knowing how to call 911 and an appropriate adult for help instead of focusing on the topic of how to perform the life saving measures. For the 3rd-5th grade students we will be focusing on recognizing cues of distress, when to call for help, and then how/when to appropriately perform life saving measures. Some challenges that we may run into would be students not paying attention, especially the little kids. Along with the students getting rowdy during demonstration and activity practice. Younger students can have a harder time paying attention and letting their imagination go to far.

5. What supplies will you need for your presentation? What visual aids will you be utilizing for the presentation?

The supplies that we will need for our presentation include stuffed animals, a toy phone, paper handout, and poster board handout version. Visual aids that we will be utilizing for the presentation include demonstrations using the phone and stuffed animals. Along with the poster and copied handouts for the students with educational information.

6. What give away will you be providing for the students? (We can purchase and make copies of items as necessary)

We will be providing the students with a handout paper for the presentation material along with a dumb-dumb sucker with an attached step-by-step instruction sheet on how to perform both CPR and the Heimlich maneuver. *Students can purchase suckers and blown-up poster handout*

Resources

First Aid (Kelly)

<https://kidshealth.org/en/parents/firstaid-safe/>
<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/anatomy-of-a-first-aid-kit.html>
<https://warrentonpediatrics.com/teaching-kids-first-aid/>

ABC's and Choking (Rachel)

<https://www.redcross.org/take-a-class/resources/learn-first-aid/adult-child-choking?srsId=AfmBOorb9RjRuOOosE0x8EJRS4bxU4rJzejMEHeUyqAlkfZ8TQbpEjy7>
https://cpr.heart.org/-/media/CPR-Files/Training-Programs/Community-Programs/Infant-CPR/Newest_InfantCPR_Posters/KJ1719_Child_Choking_Dig_Poster.pdf
https://cpr.heart.org/en/-/media/CPR-Files/Training-Programs/Community-Programs/Infant-CPR/KJ1708_Infant_Choking_Dig_Poster.pdf?sc_lang=en

Safety and Emergency Preparedness (Kelly)

<https://www.ready.gov/kids>
<https://www.redcross.org/get-help/how-to-prepare-for-emergencies.html>
<https://www.cdc.gov/children-and-school-preparedness/before-during-after/index.html>

What is a Nurse? (Monica)

<https://kidshealth.org/en/parents/hcp-nursing.html>
<https://my.clevelandclinic.org/health/articles/nurse>

Exercise (Brian)

<https://www.cdc.gov/physical-activity-basics/guidelines/children.html>
<https://kidshealth.org/en/parents/exercise.html>

My Plate (Rachel)

<https://www.myplate.gov/>
<https://www.fns.usda.gov/tn/myplate>
<https://www.myplate.gov/eat-healthy/food-group-gallery>

Stranger Danger/Internet Cyberbullying (Monica)

<https://www.stopbullying.gov/resources/get-help-now>
<https://www.nationalchildrensalliance.org/cyberbullying/>
https://safety4kids.com.au/safety-zone_stranger-danger

Hygiene (Brian)

<https://www.nationwidechildrens.org/family-resources-education/health-wellness-and-safety-resources/helping-hands/personal-hygiene>

<https://www.connecticutchildrens.org/growing-healthy/personal-hygiene-milestones-guide-parents>

<https://www.bannerhealth.com/healthcareblog/advice-me/how-to-talk-to-your-child-about-safe-hygiene-practices>