

Firelands Regional Medical Center School of Nursing
Nursing Care Map

Student Name Mallory Jamison

Date 6/30/25

Noticing/Recognizing Cues:

Highlight all related/relevant data from the Noticing boxes that support the top priority problem

Assessment findings:

- * Restlessness
- * Impulsivity
- * Easily distracted

hyper fixations

poor appetite

associations

delusions

movements

other patients

*tangential thoughts

Lab findings/diagnostic tests:

- * Vitamin D 18.7L

Patient had a tox screen, cholesterol, triglycerides and other labs drawn, but no others were abnormal

Risk factors:

* previous inpatient mental health treatment

* history of issues dealing with grief

* history of physical abuse * loose

* history of alcohol abuse * grandiose

* absence of a support system * bizarre body

* history of mental and emotional abuse * picking on

* half PPD smoker

* admission to the special care unit

Nursing Priorities:

Disturbed thought processes

- * Risk for self-directed or other directed violence
- * Disturbed sensory perception
- Lethargy

Goal statement: "By time of discharge from treatment, the patient will be able to differentiate between delusional thinking and reality" (Townsend, M. C. et al 2024).

Potential complications for the top priority:

- * Risk for imbalanced nutrition: less than body requirements
 - Body weight below ideal range
 - Decreased food intake

*Lack of control

- Impulsivity
- Depression
- Suicidal thoughts

*Social withdrawal

- Despair

- Low self esteem

- Fear of rejection

Nursing interventions for the top priority:

1. Assess patient for delusional thinking, distractibility, or other symptoms of disturbed thought processes daily
 - a. To determine if progress has been made on patient thought processes
2. Assess patient for suicidal thoughts/ideation Q8H
 - a. To determine the need for suicide precautions
3. Assess patient's ability to control thought processes daily
 - a. To determine severity of the thought processes to identify the best next step
4. Assess patient's ability to solve problems and attention span daily
 - a. To determine patient's ability to participate in the plan of care
5. Separate the client from other clients on the unit at least once a shift
 - a. To allow the client rest periods and intervene from aggression escalating to a dangerous level
6. Administer Paliperidone Palmitate 6mg PO once, Benztropine 0.5mg IM Q6H PRN, Haloperidol 5mg PO Q8H PRN, and Olanzapine 5mg IM Q6H PRN per medication schedule
 - a. To aid in treatment of mental symptoms experienced and treat extrapyramidal side effects if they occur (Benztropine)
7. Encourage the patient to go to group therapy daily
 - a. To assist in development of adaptive social functioning and coping skills
8. Set realistic treatment goals daily
 - a. To aid the patient in achieving desired goals of their treatment
9. Accept the patient's beliefs while indicating that you do not share them, at all times
 - a. To help the patient understand that you do not view the belief as real
10. Reinforce reality at all times
 - a. To avoid aggravating psychosis from discussions about false ideas
11. Utilize the same staff as much as possible, at all times
 - a. To promote trust
12. Educate on the importance of medication adherence once daily and at discharge
 - a. To prevent dangerous withdrawal symptoms or worsening of thought process disturbances
13. Educate on resources available following discharge; counseling/support groups before discharge

- a. To aid the patient in continuing their plan of care after their admission

Evaluation of the top priority:

- Impulsivity resolved
- Easily distracted maintains the same
- Hyper fixations resolved
- Loose associations have improved, but not resolved completely
- Grandiose delusions resolved
- Picking on other patients has resolved
- Tangential thoughts improved, but have not resolved completely
- Risk factors remain the same

Continue plan of care.

Reference:

Townsend, M. C., & Morgan, K. I. (2024). *Pocket guide to Townsend's psychiatric nursing: Assessment, care plans, medications*. (12th ed.). Philadelphia, PA: F.A. Davis Company. <https://www.fadavis.com>