

Psychiatric Nursing 2025

Nursing Therapy Group

Directions: Please answer the following questions, typing your response in the space provided. This document is due in the Dropbox labeled **Nursing Therapy Group** by **Monday at 0800** the week you are scheduled to lead a nursing therapy group.

1. What activity will you be leading during your assigned nursing therapy group? Give a **detailed outline** of your activity, and explain how you plan on running your nursing therapy group.

I will be using a giant foam dice to play a “dice-breaker” game. Each patient/student participating will take turns rolling the die, each number on the die will have a few assorted questions. Participants are welcome to pass the die to anyone in the group.

2. What is the purpose of your nursing therapy group activity?

The purpose of the activity to allow patients an opportunity to talk with each other about various topics like activities they enjoy, coping skills, emotions, and more.

3. How will this activity benefit the clients in the milieu?

This activity will benefit the clients in the milieu by helping them feel more comfortable when interacting with each other, with staff, and with the nursing students.

4. Describe the anticipated level of participation, cognitive level and affect of clients in the milieu after completion of the nursing therapy group activity (what you expect to happen)?

I believe that the patients who choose to come to group this day will be actively participating with the activity and will lead to fun discussions among the group. I feel that after the completion of the group activity patients will feel more comfortable around each other and more likely to attend more group activities in the future.