

Schizophrenia Activity

Psychiatric Nursing 2025

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1, 2)*
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1, 7)*
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1, 2, 7)*
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1, 6, 7)*

*Course Objectives

Directions:

Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at 0800 on **Monday, June 23rd**.

This reflection assignment should be a **minimum of 500 words** and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the “voices in your head” are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

<https://www.youtube.com/watch?v=0vvU-Ajwbok>

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?
 - Listening to the video was very unsettling. The constant voices made it extremely difficult to focus on the word search. Not only was it one constant stream of noise but it varied. Some voices were loud while others whispered. Listening with headphones made the experience feel more real, and it made it seem like the voices were coming from different directions. I struggled a lot to complete the word search. I found that I would begin searching for a word only to get distracted and forget what word I was even

looking for. It felt like my brain could not fully focus on the task of finding the words because it was too busy processing all the voices and noise coming from my headphones.

2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?
 - I heard a constant stream of noise. There was definitely more than one voice in the video, which varied in tone and in loudness. Some were loud and almost aggressive, while others were whispering instead. They would overlap at times which made it even harder to concentrate. They would say things such as, “You are so stupid” and “There are bad things on the other side of the road, cars are coming, jump!”. Some phrases would be repeated over and over again creating a very chaotic experience. The voices were very unpredictable and disorganized.
3. How long were you able to listen to the video while completing the word search? Why did you stop listening?
 - I managed to listen to the video until about one minute and 46 seconds while attempting the word search. It was very challenging and I considered stopping multiple times. I only stopped when I realized that I wasn’t able to concentrate enough with the voices playing to find anymore words. I only found one word during that whole time. I feel like even that short amount of time however gave me a small glimpse into what some people have to deal with in their daily lives. It was very eye opening.
4. How does this change how you will care for a schizophrenic patient?
 - This experience gave me a new level of understanding and empathy for patients who experience auditory hallucinations. I can now see how much these auditory hallucinations can affect every part of a person’s life, even something that one would not think to be all that challenging like a word search. When looking at something like having to communicate with others or complete tasks for a job, I’m very impressed that people are still able to complete things like that while having these hallucinations. As a future nurse I feel like I will be more patient and understanding when working with patients that experience auditory hallucinations. I will make it a priority to ensure that they are in a calm environment with as little stimulants as possible. I will also try to ensure that the patient knows and feels like they are in a safe environment. I will now also be more aware that when a patient is struggling to communicate or follow directions, it could possibly be from some time of internal stimuli like auditory hallucinations that are overwhelming and distracting.
5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.
 - After this activity I will speak slowly, clearly, and with empathy. I will check frequently to see how they’re feeling or if their experiencing auditory hallucinations. I will avoid arguing with the patient about their hallucinations, and instead validate their experience and gently guide them back to reality as much as possible.

Schizophrenia

K K U C Z V M C C M Z T U G M F D
Z L A T D F I A Z O Y C Z X D S A
F S P N U Y T G D C G E B I E W L
P E O P I A S I Q O A F T Q T V A
I D D V T W N S B I P F I H T H S
L E J O A D O F T J A A R W Y P D
Z Z N H Y I I W U F A T M P S L R
I I U O Q O S M B B S A I I J J O
A N J H R N U B G Z I L A C N T W
V A F E L A L X Z N Y F U M L E Y
S G S R H R E V I T I S O P C V X
E R P M Q A D N B I Q Q Z U E P K
N O S V W P U C F U F I I O W Y W
S S N H A L L U C I N A T I O N S
O I Y G M G Q H U G G P A M Z L Y
R D F A L S E B E L I E F S R D W
Y T B N J G E N E T I C S E Y X O

Catatonia
Dopamine
Genetics
Positive

Delusions
False beliefs
Hallucinations
Sensory

Disorganized
Flat Affect
Paranoid
Word Salad