

Next to each of the behaviors listed below, write the letter that identifies the disorder in which the behavior is most prevalent.

- a. Cyclothymic disorder    b. Bipolar I disorder    c. Bipolar II disorder  
d. Manic episode    e. Delirious mania

  e   1. Clouding of consciousness occurs.

  a   2. Characterized by mood swings between hypomania and mild depression.

  d   3. Paranoid and grandiose delusions are common.

  d   4. Excessive interest in sexual activity.

  d   5. Accelerated, pressured speech.

  e   6. Frenzied motor activity, characterized by agitated, purposeless movements.

  c   7. Recurrent bouts of major depression with episodes of hypomania.

  b   8. Recurrent bouts of mania with episodes of depression.

*Please read the chapter and answer the following questions:*

1. What is the most common medication that has been known to trigger manic episodes?  
 Antimanics, anticonvulsants, calcium channel blockers, antipsychotics

2. What is the speech pattern of a person experiencing a manic episode?  
 Rapid, pressured speech, talking quickly,

3. What is the difference between cyclothymic disorder and bipolar disorder?  
 A chronic mood disturbance of at least 2 year duration involving numerous episodes of hypomania and depressed mood of insufficient severity or duration to meet the criteria for either bipolar I or II disorder

4. Why should a person on lithium therapy have blood levels drawn regularly?

Lithium has a time of 1 to 3 weeks, Antipsychotics are prescribed to decrease hyperactivity on an immediate basis until the lithium can take effect

5. There is a narrow margin between the therapeutic and toxic serum levels of lithium carbonate. What is the therapeutic range? What are the initial signs and symptoms of lithium toxicity?

The range is 1 to 1.5 mEq for acute stage, 0.6 to 1.2 for maintenance, Initial signs and symptoms lithium toxicity are blurred vision, ataxia, tinnitus, persistent nausea, and vomiting, and severe diarrhea

6. Describe some nursing implications for the client on lithium therapy.

Give lithium with food, ensure the client gets adequate sodium in his or her diet, ensure clients drinks 2500 to 3000 ml of fluid per day

7. What are TWO priority problems for this patient? What are THREE nursing interventions for each of those priority problems?

<b>Priority Problem 1: risk for injury</b>	<b>Priority Problem 2: disturbed sleep pattern</b>
<b>Nursing intervention:</b> <ul style="list-style-type: none"> <li>• Reckless behavior</li> <li>• Impulsive behavior</li> <li>• Suicidal ideal</li> </ul>	<b>Nursing intervention:</b> <ul style="list-style-type: none"> <li>• Excessive sleep</li> <li>• Insomnia</li> <li>• Decrease in daily activities</li> </ul>