Schizophrenia Activity
Psychiatric Nursing 2025

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1, 2)*
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1, 7)*
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1, 2, 7)*
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1, 6, 7)*

*Course Objectives

Directions:
Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at 0800 on **Monday, June 23rd.**

This reflection assignment should be a **minimum of 500 words** and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed it its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the "voices in your head" are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

https://www.youtube.com/watch?v=0vvU-Ajwbok

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?
2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?
3. How long were you able to listen to the video while completing the word search? Why did you stop listening?
4. How does this change how you will care for a schizophrenic patient?
5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.

1. During my time listening to this video, I felt very on edge and uneasy. The voices were more present than I thought they would be. I assumed before I started the video I was be able to maintain my focus and push them to the side. While listening, it became very apparent very quickly that I was wrong. It made focusing very hard, and all I found myself doing was stopping the word-search to listen to what the voices were saying. It was a mix between curiosity and fear of what they would say next, but I couldn't not hear them.
2. While listening to the audio, I heard many voices from men to women. Some were quiet, and then they would fade out, all to come back louder and more aggressive. There was whispering, loud talking, laughing, breathing, everything. I heard a multitude of different phrases; some I remember as "jump in front of the car" and "you're so stupid". The voices were telling me demeaning things, as well as giving me ideas that were harmful to me. These voices were so loud at times it was hard not to listen to exactly what they were saying or telling you to do.
3. I was able to get through about 2 minutes of the video before I had to pause it. I could not think straight after hearing that for just that small amount of time. I had to stop listening because it was driving me nuts, and I felt like I couldn't hear myself think anymore or have my own thoughts. All that filled my attention was what the voices were saying. It made it incredibly hard to actually complete the task of doing a word search. I can only imagine what everyday tasks are like for someone who suffers with this constantly.
4. This video changed how I will care for my schizophrenic patients as now I am able to empathize with how this feels. This experience has allowed me in the future to be more understanding and compassionate while caring for my clients. I will not have a lack of understanding when they have a hard time getting a grip on reality because it is so hard to focus on the current world. I will remind them the voices are not real, and that they are safe under my care. I would be available to listen if they needed to talk about what they are hearing or what the voices are telling them to do.
5. During communication with them, I will give them patience on whether they lose focus or take a second to answer me. To them, I am not the only one talking, and that can be incredibly overwhelming and distracting Again, I will try to orient them to reality, and assure them the voices may seem real, but they are not. Although I may not have schizophrenia myself, I now have an inside look of what they may be dealing with on a daily basis. When I was done with the video, I read a comment that said something along the lines of how sad it is we are able to just pause the video to make the voices stop, but they cannot. That really put things into perspective to me. I can make that choice to have this go away, but this is their reality that they have to wake up and deal with all the time.
6.

Schizophrenia

K	K	U	C	Z	V	M	C	C	M	Z	T	U	G	M	F	D
Z	L	A	T	D	F	I	A	Z	O	Y	C	Z	X	D	S	A
F	S	P	N	U	Y	T	G	D	C	G	E	B	I	E	W	L
P	E	O	P	I	A	S	I	Q	O	A	F	T	Q	T	V	A
I	D	D	V	T	W	N	S	B	I	P	F	I	H	T	H	S
L	E	J	O	A	D	O	F	T	J	A	A	R	W	Y	P	D
Z	Z	N	H	Y	I	I	W	U	F	A	T	M	P	S	L	R
I	I	U	O	Q	O	S	M	B	B	S	A	I	I	J	J	O
A	N	J	H	R	N	U	B	G	Z	I	L	A	C	N	T	W
V	A	F	E	L	A	L	X	Z	N	Y	F	U	M	L	E	Y
S	G	S	R	H	R	E	V	I	T	I	S	O	P	C	V	X
E	R	P	M	Q	A	D	N	B	I	Q	Q	Z	U	E	P	K
N	O	S	V	W	P	U	C	F	U	F	I	I	O	W	Y	W
S	S	N	H	A	L	L	U	C	I	N	A	T	I	O	N	S
O	I	Y	G	M	G	Q	H	U	G	G	P	A	M	Z	L	Y
R	D	F	A	L	S	E	B	E	L	I	E	F	S	R	D	W
Y	T	B	N	J	G	E	N	E	T	I	C	S	E	Y	X	O

Catatonia	Delusions	Disorganized
Dopamine	False beliefs	Flat Affect
Genetics	Hallucinations	Paranoid
Positive	Sensory	Word Salad