Schizophrenia Activity
Psychiatric Nursing 2025

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1, 2)*
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1, 7)*
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1, 2, 7)*
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1, 6, 7)*

*Course Objectives

Directions:
Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at 0800 on **Monday, June 23rd.**

This reflection assignment should be a **minimum of 500 words** and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed it its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the "voices in your head" are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

https://www.youtube.com/watch?v=0vvU-Ajwbok

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?

   When listening to the video I felt uncomfortable and scared because of all the noises and different voices. It reminded me of a scary movie but without the visuals. When completing the word search the noise slightly impacted my ability to complete the task. My focus was shifted to listening to the sounds and voices. I was no longer 100% focused on completing the word search. However, since I knew that the video only lasted a couple minutes it did not fully impact my ability to complete the word search, and I was able to get more than half of

it done until the video shut off. I do know that if that happened to me unexpectedly, for a longer period, and was consistent that I would not have been able to complete that task. If I was hearing those auditory hallucinations consistently all day, I would not have been able to block it out and continue with my daily activities.

2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?

   When listening to the video I heard many different voices that were both loud and quiet at different intervals. Male and female voices that were saying different phrases. I was mostly hearing gibberish and repeated noises. However, there were negative phrases being said along with a lot of whispering. At one point I heard some background noises of like a speaker and beeping almost like an announcement.

3. How long were you able to listen to the video while completing the word search? Why did you stop listening?

   I was able to listen to the entire video when completing the wordsearch. I completed a little more than half of the word search when the video shut off. When doing the word search, I was able to block out the voices and noise. I tried to ignore what I was hearing and continue as normal, but this was not easy. If I had these voices and noises in my head for a long period of time every day, I would not be able to ignore them. I would not be able to complete daily activities of living let alone a word search or an applying task.

4. How does this change how you will care for a schizophrenic patient?

   Listening to this video allowed me to understand what schizophrenic clients go through. Being able to understand a portion of what they can experience on the daily basis is eye opening and is a nice reminder to have patience and empathy when caring for these clients. Knowing this information allows me to adapt to some of their needs. Ensuring to provide them with a safe environment, respecting them, and ensuring to explain information in a calm and consistent manner. Overall, it shows how important it is to have compassion for these patients and not only focus on symptom control but their overall wellbeing mentally and physically.

5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.

   After completing this activity, I learned part of what a schizophrenic client can experience. After realizing this, there are some communication techniques that I will change when interacting with these clients. Some communication aspects that I will ensure to implement include making sure to speak calmy, clear, and consistently. Ask open-ended questions while having empathy, recognizing them as a person not just their symptoms, provide them with support, and ensuring to make helpful observations regarding their personality. While I try my hardest to do these things with all clients. It is specifically important to implement

these communication aspects with schizophrenic patients to ensure optimal care. Another aspect that I will change when caring for these clients includes being extra careful when approaching them. Making sure to approach them calmy and not suddenly with a ton of startling energy.

Schizophrenia

K	K	U	C	Z	V	M	C	C	M	Z	T	U	G	M	F	D
Z	L	A	T	D	F	I	A	Z	O	Y	C	Z	X	D	S	A
F	S	P	N	U	Y	T	G	D	C	G	E	B	I	E	W	L
P	E	O	P	I	A	S	I	Q	O	A	F	T	Q	T	V	A
I	D	D	V	T	W	N	S	B	I	P	F	I	H	T	H	S
L	E	J	O	A	D	O	F	T	J	A	A	R	W	Y	P	D
Z	Z	N	H	Y	I	I	W	U	F	A	T	M	P	S	L	R
I	I	U	O	Q	O	S	M	B	B	S	A	I	I	J	J	O
A	N	J	H	R	N	U	B	G	Z	I	L	A	C	N	T	W
V	A	F	E	L	A	L	X	Z	N	Y	F	U	M	L	E	Y
S	G	S	R	H	R	E	V	I	T	I	S	O	P	C	V	X
E	R	P	M	Q	A	D	N	B	I	Q	Q	Z	U	E	P	K
N	O	S	V	W	P	U	C	F	U	F	I	I	O	W	Y	W
S	S	N	H	A	L	L	U	C	I	N	A	T	I	O	N	S
O	I	Y	G	M	G	Q	H	U	G	G	P	A	M	Z	L	Y
R	D	F	A	L	S	E	B	E	L	I	E	F	S	R	D	W
Y	T	B	N	J	G	E	N	E	T	I	C	S	E	Y	X	O

Catatonia	Delusions	Disorganized
Dopamine	False beliefs	Flat Affect
Genetics	Hallucinations	Paranoid
Positive	Sensory	Word Salad