

Schizophrenia Activity

Psychiatric Nursing 2025

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1, 2)*
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1, 7)*
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1, 2, 7)*
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1, 6, 7)*

*Course Objectives

Directions:

Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at 0800 on **Monday, June 23rd**.

This reflection assignment should be a **minimum of 500 words** and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the “voices in your head” are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

<https://www.youtube.com/watch?v=0vvU-Ajwbok>

1. Discuss your feelings while listening to the video. How did it impact your focus on the activity? Were you distracted?
 - a. This video was extremely distressing to listen to. Within the first minute, I felt overwhelmed by the intensity of it had to turn it off because it became too much to handle. The sounds of the video were deeply unsettling and had a significant impact on my ability to concentrate. My focus during the word search activity was severely affected. I felt mentally scattered and unable to concentrate fully on the task. I managed to find only three words in the puzzle, but it took much longer than usual

and felt far more difficult than it should have been. The distraction was constant, and my mind kept drifting back to the sounds of the video.

2. What did you hear? Was there more than one voice? Was it loud or quiet? What was being said?
 - a. I heard many different voices, some were loud, and others were quiet. Two voices were clearer than the rest. One said, “jump in front of the bus, who have to jump’ and the other said “you have to touch it, it’ll be ok if you touch it.” I’m not sure what “it” is but I can imagine that it was something dangerous that should not be touched. The voices were very menacing and evil sounding. It felt like they were trying to put me in harms way. I think the quieter voices were more frightening. Not being able to understand them but hearing them whisper is honestly terrifying.
3. How long were you able to listen to the video while completing the word search? Why did you stop listening?
 - a. I was only able to listen to the video for about one minute, which isn’t even halfway through the video. It was so incredibly distracting and fear inducing. There was no way I would have been able to listen to the video any longer. I’m usually very good and quick at wordsearches but the voices in the video made it almost impossible to complete the puzzle. I had to stop listening to the video because of how evil the voices sounded. It felt like they truly meant harm, which as said before, was fear inducing.
4. How does this change how you will care for a schizophrenic patient?
 - a. This experience will definitely change how I will care for a schizophrenic patient. I will be more empathetic towards any feelings of fear, confusion, anxiety, and any other emotion. I will be understanding of any apprehension they may have because their experience will reality is different than mine. I will use a calm tone, simple language, and be conscious of nonverbal cues when talking with them. I will try to build a trusting relationship with them and not take any of their attitudes and behaviors personally so I can provide safe, competent care for them.
5. Discuss how your communication or attitudes will change towards a schizophrenic patient after this activity.
 - A. After this activity I am more aware of the internal distress that a schizophrenic patient may be going through. I can care for them with more empathy now that I know how much difficulty they are likely experiencing just trying to make it through the day. I will make a conscious effort to simplify my words and build a trusting relationship with the patient. I will also be more conscious in eliminating external stimuli to promote a calmer environment. I will try to validate their feelings and not take any of their behaviors personally.

Schizophrenia

K K U C Z V M C C M Z T U G M F D
Z L A T D F I A Z O Y C Z X D S A
F S P N U Y T G D C G E B I E W L
P E O P I A S I Q O A F T Q T V A
I D D V T W N S B I P F I H T H S
L E J O A D O F T J A A R W Y P D
Z Z N H Y I I W U F A T M P S L R
I I U O Q O S M B B S A I I J J O
A N J H R N U B G Z I L A C N T W
V A F E L A L X Z N Y F U M L E Y
S G S R H R E V I T I S O P C V X
E R P M Q A D N B I Q Q Z U E P K
N O S V W P U C F U F I I O W Y W
S S N H A L L U C I N A T I O N S
O I Y G M G Q H U G G P A M Z L Y
R D F A L S E B E L I E F S R D W
Y T B N J G E N E T I C S E Y X O

Catatonia
Dopamine
Genetics
Positive

Delusions
False beliefs
Hallucinations
Sensory

Disorganized
Flat Affect
Paranoid
Word Salad