

Schizophrenia Activity

Psychiatric Nursing 2025

Chapter objectives:

1. Discuss conceptualization of schizophrenia and other psychotic disorders. (1, 2)*
2. Identify symptomatology associated with these disorders and use this information in patient assessment. (1, 7)*
3. Describe relevant criteria for evaluating nursing care of patients with schizophrenia and other psychotic disorders. (1, 2, 7)*
4. Describe appropriate nursing interventions for behaviors associated with schizophrenia. (1, 6, 7)*

*Course Objectives

Directions:

Please complete the following activity and turn it into the appropriate dropbox on Edvance360. This assignment is due at 0800 on **Monday, June 23rd**.

This reflection assignment should be a **minimum of 500 words** and is worth 1 hour of online content. In order to receive full credit for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety will result in missed theory time and must be made up.

The activity is an audio representation of auditory hallucinations to obtain a greater appreciation for patients who experience these false sensory perceptions on a regular basis. To truly appreciate and understand the video clip, please use ear buds or headphones for this activity and listen to the YouTube clip that is posted below. The clip is 3:38 minutes in length; try to listen as long as you can. The sounds may be distressing to you, so if you choose not to listen at all or only for a brief moment, that is fine but, after you listen you will have a greater understanding of what patients with auditory hallucinations experience.

While you are listening, try to complete the word search that is provided (see next page). The goal is to attempt to perform other tasks while the “voices in your head” are speaking to you. You are not expected to submit the word search; but please answer the following questions in reflection of the activity.

<https://www.youtube.com/watch?v=0vvU-Ajwbok>

After watching the video representing the auditory hallucinations that individuals with schizophrenia experiences on the daily, I have a deeper understanding for their emotions. I tried my best to complete the wordsearch while listening to the video through my earbuds, but I found it tough to concentrate immediately. The voices were very distracting, and I often found myself focusing on how it was making me feel, rather than staying on task.

In the video, I heard multiple people talking. They were loud at times but also whispering phrases as well. They were repeating phrases like, “You are so stupid, pointless, and worthless”, “She knows”, “You’re a filthy, bad, bastard”, followed by deep breathing and a person chuckling. The voices often overlapped, unable to interpret what all the people were saying. It was quite disturbing to hear the voices telling the schizophrenic direct commands like jumping off a bridge or the convincing the individual to end it all.

After watching this video, I can confidentially say that this changed my point of view regarding those with this illness. This lesson came at the right time; I have my first 1-South clinical experience at the end of the week. I realized that I need to develop a different approach when speaking to individuals affected and listen more patiently. When the individual is experiencing the fast-paced, distressing phrases, I am sure it can become very frustrating to not be able to focus clearly. As a nurse, I will guide my conversations using short and direct sentences, avoiding any terms that would cause any excess confusion. I also want to ensure that the individual is understanding what I am saying to them, instead of assuming recognition.

I was able to listen to the video to completion, however, I was unable to complete the word search concurrently. I was trying my best to listen to the whole video because I wanted to put fully place myself in the lives of individuals affected. The audio representing auditory hallucinations was deeply unsettling, and I can imagine how much fear this can cause schizophrenics when stimulated. When I find myself encountering a patient diagnosed with schizophrenia, I am going to make sure I make another nurse aware that I am going into their room. It is also important to make a habit of establishing a plan of exit if emotions and actions were to become combative. As a nurse, the patient’s safety is our priority but so is our own.

My feelings and attitudes for individuals with schizophrenia have changed greatly after watching this video and completing the activity, experiencing a sense of reality of their daily lives. I have an increased empathy, knowing how challenging this illness can be. Although I have not actually experienced the consequences and effects of schizophrenia, I could feel the immediate fear and helplessness through listening to the audio. During the upcoming clinical rotation at the psychiatric unit, I will now see these behaviors in a different light. The individuals may not be disinterested; They may just be overstimulated by the internal stimuli they encounter on a usual basis.

Schizophrenia

K K U C Z V M C C M Z T U G M F D
Z L A T D F I A Z O Y C Z X D S A
F S P N U Y T G D C G E B I E W L
P E O P I A S I Q O A F T Q T V A
I D D V T W N S B I P F I H T H S
L E J O A D O F T J A A R W Y P D
Z Z N H Y I I W U F A T M P S L R
I I U O Q O S M B B S A I I J J O
A N J H R N U B G Z I L A C N T W
V A F E L A L X Z N Y F U M L E Y
S G S R H R E V I T I S O P C V X
E R P M Q A D N B I Q Q Z U E P K
N O S V W P U C F U F I I O W Y W
S S N H A L L U C I N A T I O N S
O I Y G M G Q H U G G P A M Z L Y
R D F A L S E B E L I E F S R D W
Y T B N J G E N E T I C S E Y X O

Catatonia
Dopamine
Genetics
Positive

Delusions
False beliefs
Hallucinations
Sensory

Disorganized
Flat Affect
Paranoid
Word Salad