

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/9/2025 by 0800

Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by 0800 on 6/9/2025.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
<p>CNS Depressants</p> <p>Examples: Benzodiazepines(Lorazepam) Alcohol</p>	<ul style="list-style-type: none"> -Drowsiness/sedation -Slurred speech -Impaired judgment and coordination -Relaxed/slowed reflexes 	<ul style="list-style-type: none"> -Impaired memory -Decreased respiratory rate -Ataxia -Possible aggression 	<ul style="list-style-type: none"> -Nausea/vomiting -Seizures -Sweating and tremors -Insomnia -Increased anxiety
<p>CNS Stimulants</p> <p>Examples: Amphetamines(Adderall) Methylphenidates(Ritalin) Caffeine Nicotine</p>	<ul style="list-style-type: none"> -Increased energy -Increased heart rate and blood pressure - Anxiety - Dilated pupils -Euphoria 	<ul style="list-style-type: none"> - Hypertension - Tremors - Chest pain/arrhythmias - Seizures 	<ul style="list-style-type: none"> -Depression or suicidal ideation -Fatigue -Hypersomnia - Agitation
<p>Opioids</p> <p>Examples: Methadone Morphine</p>	<ul style="list-style-type: none"> - Euphoria - Decreased respiratory rate - Constricted pupils - Slowed speech - Impaired judgment - Nausea - Pain relief 	<ul style="list-style-type: none"> -Respiratory depression Sedation/unconsciousness - Slurred speech - Constricted pupils 	<ul style="list-style-type: none"> - Abdominal cramping - Nausea/ vomiting - Muscle aches - Dilated pupils - Sweating and chills
<p>Hallucinogens</p>			

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<p>Examples: LSD Ketamine</p>	<ul style="list-style-type: none"> - Dilated pupils - Increased heart rate and blood pressure - Blank stare/visual changes 	<ul style="list-style-type: none"> -Severe panic -Agitation -Hypertension -Muscle rigidity - Seizures 	<ul style="list-style-type: none"> - Depression - Cognitive fog - Disturbance in sleep - Cravings
<p>Cannabinols Examples: Marijuana</p>	<ul style="list-style-type: none"> -Altered perception of time -Increased appetite -Euphoria -Dry mouth/red eyes -Impaired concentration 	<ul style="list-style-type: none"> -Anxiety/ paranoia -Hallucinations -Vomiting -Aggression -Delayed reaction time/motivation 	<ul style="list-style-type: none"> -Irritability -Insomnia Depression -Anxiety -Headache
<p>Inhalants Examples: (inhaling the aliphatic/ aromatic hydrocarbons found in): gasoline, varnish remover, airplane glue, and spray paint.</p>	<ul style="list-style-type: none"> - dizziness - Incoordination - Blurred vision - Chemical smells on breath - Nystagmus 	<ul style="list-style-type: none"> - Apathy - Impaired judgment - Slurred speech - Unsteady gait - Blurred vision - Irritation around eyes, throat, and nose 	<ul style="list-style-type: none"> -Depression -Anxiety -Sleep disturbances -Headache