

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/9/2025 by 0800

Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by 0800 on 6/9/2025.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
CNS Depressants Examples: alcohol	Relaxation, drowsiness, slurred speech, sleep, loss of inhibitions, lack of concentration	Aggressiveness, impaired judgement and attention, irritability, incoordination, nystagmus, unsteady gait, depression, emotional lability	Tremors, nausea/ vomiting, malaise, weakness, sweatiness, tachycardia, increased BP, anxiety, depressed mood, hallucinations, headache, insomnia, seizures
CNS Stimulants Examples: Amphetamines, cocaine	Hyperactivity, agitation, euphoria, insomnia, loss of appetite, talkative, increased heartrate, dilated pupils, rhinitis, chest pain, inability to think clearly	Fighting, hypervigilance, impaired judgement, tachycardia, pupil dilation, increased BP, diaphoretic, chills, nausea/ vomiting, psychomotor agitation,	Anxiety, depressed mood, irritability, substance cravings, fatigue, insomnia or hypersomnia, psychomotor agitation, paranoia, suicidal ideation
Opioids Examples: Heroin, morphine, dilaudid	Euphoria, lethargy, drowsiness, lack of motivation, constricted pupils	Euphoria, lethargy, somnolence, nausea, impaired judgement, pupils constricted, apathy, constipation, decreased RR and BP	Drug cravings, nausea/ vomiting, muscle aches, fever, lacrimation of rhinorrhea, sweating, diarrhea, yawning, insomnia
Hallucinogens Examples: LSD, ketamine, PCP	Visual hallucinations, disorientation, confusion, paranoia, delusions, euphoria, anxiety, panic, increased heart rate	Anxiety, depression, delusional thinking, paranoia, impaired judgement	Sweaty, depression, hallucinations, delusions, anxiety, insomnia, tremors, confusion, elevated HR BP, dilated pupils, nausea, vomiting
Cannabinols	Relaxation, euphoria, mood swings, talkativeness,	Euphoria, anxiety, suspiciousness,	Restlessness, irritability, insomnia, loss of appetite,

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Examples: Cannabis, hash	lowered inhibitions	sedation of slowed time, impaired judgement, social withdrawal, tachycardia, conjunctiva redness, increased appetite, hallucinations	depressed mood, tremors, fever, chills, headache, stomach pain
Inhalants Examples: Lighter fluid, gasoline, nail polish remover, spray paint	Euphoria, dazed, disorientation, chemical smells on clothing or breath, changes in behavior, decrease in appetite, runny nose, nosebleeds, paranoia, irritability, depression, poor concentration	Belligerence, dizziness, impaired judgement, slurred speech, unsteady gait, lethargy, tremors, blurred vision, stupor, coma, euphoria, irritation around the nose, throat, and eyes	Restlessness, body aches, nausea/ vomiting, runny nose, watery eyes, poor attention/ concentration, mood changes, tremors, panic attacks, seizures