

Unit 3: Substance Abuse Worksheet
Online Assignment (1H)
Due 6/9/2025 by 0800

Directions: Use Chapter 14 in the textbook to fill in the spaces provided. Place your completed assignment in the “Unit 3: Substance Abuse Online Assignment” Dropbox by 0800 on 6/9/2025.

In order to receive full credit (1H class time) for this assignment, it must be completed in its entirety by the due date/time assigned. Any assignment not completed in its entirety by the due date and time will result in missed class time and must be completed by the end of the semester to pass the course.

Drug	Symptoms of Use	Symptoms of Intoxication	Symptoms of Withdrawal
<p>CNS Depressants</p> <p>Examples: Phenobarbital, Diphenhydramine, Diazepam (Valium),</p>	<p>Decreased arousal, reduced metabolism rate, hypotension, initial increase in libido followed by a decrease in ability to maintain an erection</p>	<p>Impaired judgement, slurred speech, unsteady gait, inappropriate aggressive/sexual behavior</p>	<p>Insomnia, sweating, anxiety, hand tremors, nausea/vomiting, psychomotor agitation</p>
<p>CNS Stimulants</p> <p>Examples: Methamphetamine (Desoxyn), Ethylone, Modafinil (Provigil)</p>	<p>Tremor, restlessness, constipation, cardiac arrhythmias, increased sexual urge</p>	<p>Anxiety, anger, tension, memory loss, weight loss, tachycardia/bradycardia , nervousness, facial flushing</p>	<p>Cramps, depression, fatigue, nightmares, headaches, irritability, nausea/vomiting</p>
<p>Opioids</p> <p>Examples: Morphinan (Astramorph), Hydromorphone (Dilaudid), Methadone (Dolophine)</p>	<p>Mood changes, mental cloudiness, drowsiness, hypotension, decreased food movement through GI tract, decreased sexual function</p>	<p>Pupillary constriction, slurred speech, drowsiness, euphoria followed by apathy</p>	<p>Muscle aches, nausea/vomiting, sweating, yawning, fever, insomnia, diarrhea, pupillary dilation</p>
<p>Hallucinogens</p> <p>Examples: Naturally occurring hallucinogens (salvia divinorum), Ketamine (Ketalar), Methylone, Phencyclidine (PCP)</p>	<p>Hyperglycemia, paranoia, sweating, bradypnea, chills, loss of appetite, distortion of time, increased libido, euphoria</p>	<p>Impaired judgement, depression, anxiety, hallucinations, derealization, paranoid ideation, tremors</p>	<p>Confusion, anxiety, depression, delusions, paranoia, depersonalization</p>

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<p>Cannabinols</p> <p>Examples: Marijuana, Hashish, Synthetic Cannabinoids: NPS (new psychoactive substances)</p>	<p>Marijuana, hashish, synthe</p> <p>Tachycardia, “tar” in lungs, relaxation, decreased male sperm count, altered hormone levels in women, muscle rigidity, lack of motivation with long term use</p>	<p>Impaired motor coordination, dry mouth, impaired judgement, increased appetite, paranoia, elevated blood pressure</p>	<p>Depressed mood, sleep difficulty, abdominal pain, aggression or anger, weight loss</p>
<p>Inhalants</p> <p>Examples: Gasoline, lighter fluid, shoe conditioner, rubber cement (inhaling the hydrocarbons in these substances)</p>	<p>Rapid excitation followed by drowsiness, speech problems, nose/mouth rash, abdominal pain, wheezing</p>	<p>Hypoactive reflexes, slurred speech, generalized muscle weakness, dizziness, double vision</p>	<p>Runny nose, water eyes, poor attention, mood changes, nausea/vomiting, restlessness</p>