

Psychiatric Nursing 2025

Nursing Therapy Group

Directions: Please answer the following questions, typing your response in the space provided. This document is due in the Dropbox labeled **Nursing Therapy Group** by **Monday at 0800** the week you are scheduled to lead a nursing therapy group.

1. What activity will you be leading during your assigned nursing therapy group? Give a **detailed outline** of your activity, and explain how you plan on running your nursing therapy group.

I plan on using a beach ball with ice-breaker questions written down on the ball. You will toss it from person to person with each person answering whatever question their right pointer finger lands on.

2. What is the purpose of your nursing therapy group activity

The purpose is to encourage communication and promote trust between clients in 1 South.

3. How will this activity benefit the clients in the milieu?

This will benefit the clients by creating relationships and promote familiarity in their environment.

4. Describe the anticipated level of participation, cognitive level and affect of clients in the milieu after completion of the nursing therapy group activity (what you expect to happen)?

I expect most people to participate, as this does not require much cognitive skill, as this includes simple questions to answer. I am hoping to create a sense of community in the milieu.